



Technical Manual Kickboxing



DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to Teams by Competition Management if required. Changes to the Competition Schedule will also appear on the Games-Time Website, while any changes to the Training Schedule will be communicated by the Sport Information Centre in the Athletes Village or Sport Information Desk at the Competition Venue.



Welcome

The 3rd European Games Kraków-Małopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials and about 1,200 Technical Officials from across Europe to participate in elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates.

The Technical Manual also includes details of the relevant venue, medical, anti-doping, training and competition related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Kraków-Małopolska 2023 for 12 days of competition that puts sport first and sets a tradition for the European Games.



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1. General Information

KICKBOXING competition at the 3rd European Games 2023 will be held from 30 June to 2 July 2023 at the Myslenice Arena. 128 athletes will compete in three kickboxing disciplines - Full Contact, Point Fighting and Light Contact in male and female weight categories.

1.1. Key Dates

Date	Event
2 June 2023	Sport Entries submission deadline
21 June 2023	EG2023 Opening Ceremony
28 June 2023	Arrival day Medical checking Weigh in
29 June 2023	Official training Technical briefing Official drawing
30 June 2023	Start of Competition
2 July 2023	End of Competition
2 July 2023	EG2023 Closing Ceremony
3 July 2023	Departure day

1.2. Competition Management

Position	Name
Kickboxing Competition Manager	Katarzyna Kociszewska-Palacz
Kickboxing Venue Manager	Tomasz Mamulski

1.3. WAKO EUROPEAN Kickboxing Federation (WAKO Europe)

Position	Name	NOC Code
WAKO President	Roy Baker	
WAKO Europe President	Istvan Kiraly	
Technical Delegate	Srdjan Bugarcic	

1.4. International Technical Officials (ITOs)

The total number of ITOs is 25.

Position	Name	NOC Code
WAKO Europe Org. Committee Member	Romeo Desa	CRO
WAKO Europe Org. Committee Member	Nicola Traina	ITA
WAKO Europe Org. Committee Member	Marijana Pelevic	SRB
WAKO Europe Medical Committee Chairman	Almos Gogl	HUN
Referee	Elefteria Panagopoulou	GRE
Referee	Manuel Doria	ITA
Referee	Robert Gasparik	HUN
Referee	Boris Pavicic	CRO
Referee	Derek Sweetman	IRL
Referee	Marek Melko	SVK
Referee	Oriano De Bei	ITA
Referee	Denitsa Milenkova	BUL
Referee	Raymond Staut	BEL
Referee	Theodoros Theodorokakos	GRE
Referee	Ryszard Zawistowski	POL
Referee	Agnieszka Turchan	POL
Referee	Michaela Zavoral	SVK
Referee	Sami Savo	FIN
Referee	Cecylia Pudlicka	POL
Referee	Tomislav Novosel	CRO
Referee	Dragana Vitkovic	BIH
Referee	David Ramon	ISR
Referee	Gabor Szabo	HUN
Referee	Jiri Bel	CZE
Referee	Ana isabel Sordo	ESP
Referee	Goran Simurina	SRB

1.5. National Technical Officials (NTOs)

The total number of NTOs is 1.

Position	Name
National Technical Official	Rafał Szopa

1.6. Medal Events

WAKO Kickboxing Discipline		MALE		FEMALE
Full Contact	3	-63,5 kg	3	-52 kg
		-75 kg		-60 kg
		-86 kg		-70 kg
Point Fighting	3	-63 kg	3	-50 kg
		-74 kg		-60 kg
		-84 kg		-70 kg
Light Contact	2	-63 kg	2	-50 kg
		-79 kg		-60 kg

1.7. Competition Format

Individual competition in three (3) kickboxing disciplines: Full Contact (FC), Point Fighting (PF) and Light Contact (LC). Each discipline will be represented by male and female competitors in different weight classes.

FC male: -63,5 kg, -75 kg, -86 kg

FC female: -52 kg, -60 kg, -70 kg

PF male: -63 kg, -74 kg, -84 kg

PF female: -50 kg, -60 kg, -70 kg

LC male: -63 kg, -79 kg

LC female: -50 kg, -60 kg

Eight (8) competitors per weight category.

Qualification event:

WAKO European Championships 2022 – Antalya, Turkey

Top 8 ranked Athletes in designated weight categories.

1.8. Competition Draw

Official draw of Kickboxing competition will take place on 29 June 2023 at 16:00 - 18:00 in Myslenice venue.

1.9. Competition Rules

Kickboxing Competition will be held according to WAKO rules and regulations: <https://wako.sport/wp-content/uploads/2022/01/WAKO-Rules-12.11.2020.pdf>

o Duration and Scoring

In all three disciplines format of each single fight is 3 rounds by 2 minutes (3 x 2) with 1-minute break between the rounds

Only difference is in Point Fighting (PF) where in case of equal result on the end of the fight an extra time is extended by one minute without any break.

At the end of this time if it is a draw, the winner will be the next kickboxer to score, sudden death system.

Each fight is scored by three international Judges (except PF where there is one Central referee and two judges).

To ensure neutrality, the Central referees and the three Judges for each fight will be selected by the Chief referee with overall responsibility of the fighting area, according to the following rules: - In no way may two of the Judges / Central referees of the same fight come from the same country unless it is due to an uncontrollable reason.

The three Judges will be seated away from the spectators and close to the fighting area.


Positions of each of three Judges must be suitable in order to allowed them to have clear vision of the fighting area.

In PF the Central Referee and two judges with their position in the triangle ensure that at least two of them clearly see the performance of the technique in the fight.

o Appeals and Protests

Protests are dealt with in accordance with the provisions of WAKO - Art 3.8 [WAKO Rules v17.4](#)

The coach or National team representative must immediately after the fight declare that they want to submit official protest on decision. Protest must be in written form on Official WAKO Protest Form describing clearly the problem. Protest must be delivered to Chief Referee not later than 10 minutes after the fight on which protest is made. The Appeal Protest Committee consist of Chief Referee, Supervisor and Technical director (who is the chairperson of Appeal



protest Committee) will examine the protest and declare the result after 15 minutes from the moment when Chief Referee has received Official protest.

1.10. Clothing and Equipment

o Competition Uniform

o Athletes clothing:

WAKO Europe will provide for each participating athlete two sets of clothing due to WAKO competition rules - Article 5 [WAKO Rules v17.4](#). One Red Set and One Blue Set. This clothing is MANDATORY.

o Safety Equipment:

All Athletes MUST wear the safety equipment provided by WAKO. No personal equipment will be allowed, even if it is the same brand.

o Out of Competition Clothing

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm² each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

1.11. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR – to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR – each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

NUMBER OF ATHLETES IN NOC DELEGATION	QUOTA FOR NON-MEDICAL LAR
1-10	1
11-20	2
21-50	5
51-100	10
101-150	15
151+	20

*The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

1.12. Doping Control

During the EG2023, an extensive Anti-Doping Control Program will be implemented. In total, 1,200 urine and blood samples are going to be collected, which means that statistically around 17% of Athletes present at the Games will be subjected to doping control. Tests will be carried out in-competition and out-of-competition. The Anti-Doping Program will be managed under the auspices of the International Testing Agency (ITA). Analyses of samples collected during the Games will be carried out in a laboratory accredited by the World Anti-Doping Agency (WADA). In order to ensure high quality, the work of anti-doping controllers will be evaluated by an international team of independent observers appointed by the World Anti-Doping Agency.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be chaperoned to the Doping Control Station.

Where the Athlete already has a TUE granted by their National Anti-Doping Organization or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognize it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine which contains prohibited substances or methods considered as prohibited for medical purposes

during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organization that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023.

EOC Anti-Doping Rules are applicable to all Athletes competing at the EG2023. All NOCs, Athletes, Athlete Support Personnel and Medical Personnel should be familiar with the EOC Anti-Doping Rules as they cover the applicable procedures for Therapeutic Use Exemptions (TUEs) and athlete whereabouts. The EOC Anti-Doping Rules are available at <https://www.eurolympic.org/wp-content/uploads/2019/01/2021-EOC-Anti-Doping-Rules.pdf>.

- o **Doping control rules and program**

During the EG2023, the World Anti-Doping Code in the amended version, which entered into force on 1 January 2021, and relevant international standards apply. The organizer of the event does not introduce any modifications in this regard.

1.13. Sports Information

Sport Information Desk (SID) will be available at each Competition Venue while venue is opened and will provide a variety of services to NOCs as follows:

- o General Sport Information;
- o the distribution of Start Lists, draw lists and results;
- o Training Schedule information for open and pre-allocated training;
- o Weigh-In schedule;
- o sign up for bookable Training sessions;
- o sport-specific requirements;
- o Lost and Found (at Competition Venues only)

SPORT INFORMATION DESK

Period	Operating hours
29 June 2023	10:00-12:00
30 June 2023	10:00-20:30
1 July 2023	11:00-17:00
2 July 2023	11:00-17:00

1.14. Competition Schedule

During the Games, there may be delays, postponements, or cancellations of competitions. Should this occur, NOCs will be informed of the revised competition schedule through at the Competition Venue.

Changes will also appear on the Games-time website www.european-games.org



1.15. Weather Information

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rain falls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, a windy day is also 33 percent. There's also a 50/50 fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include forecast for the current day as well as summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.

2. Competition Venue Information

2.1. Key Information

Venue - Myslenice Arena

Address: Zdrojowa 9, 32-400 Myslenice

Accommodation for Kickboxing participants will be provided in Myslenice Athletes' Village which is situated 200 meters from the competition venue.

Venue capacity is around 500 spectators.

2.2. Venue Access

During the event, competitors depending on their discipline will be provided with shuttle buses or dedicated cars.

The K&MEGOC will provide a regular shuttle service between Athletes' Villages, Main Accreditation Centre, Media and Volunteers Centre, Competition Venues / Training Venues, Official Hotels, airports and train stations as well. The shuttle service will run every 30-45 minutes and during the rush hours every 15-20 minutes. The shuttle service will start operating two days before the first game starts and will end one day after the last game ends at each Sport Venue.

On an operating day the shuttle service will start running two hours before the first activities at the venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last game.

2.3. Field of Play (FoP)

Field of play (FOP) will consist of two (2) fighting areas:

- Boxing ring (outside dimension of the platform 7.5 x 7.5m, height of the ring is 1.1m)
- Raised stage TATAMI (dimension of raised stage is 11 x 11m, 121 sqm of TATAMI, height is 1m).

2.4. Venue Services and Facilities

- Athletes' Changing Rooms - 4 male + 4 female
- Athletes' Refreshment Station in restaurant on ground floor
- Broadcast Mixed zone and I-Zone inside of the FOP
- Call Room Area in front of FOP entrance, on the side of Changing Rooms and warm-up area
- Doping Control Station on the ground floor, as part of Changing Rooms
- Lost and Found at the main entrance
- Medical Services and Facilities - Medical room, as part of Changing Rooms, two ambulances on duty, two medical points inside of the FOP
- Sport Information Desk (SID) at the main entrance

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- Warm-up Area is separate from FOP, size 500 sqm, connected with the FOP
 - **Venue Evacuation and Emergency procedure**

In the unlikely event of a venue evacuation, a public announcement message will be broadcast within the venue that will provide directions.

On hearing the evacuation message, athlete groups onsite should follow the directions of the K&MEGOC workforce and leave the venue via indicated routes, and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.

3. Team Leaders Information

3.1. Pre-competition Procedures

- **Team Leaders' Meeting**

Date :29 June 2023

Time :15:00/16:00 pm

Location : Myslenice Arena

- **Official Draw**

Date: 29 June 2023

Time: 16:00/18:00

Location: Myslenice Arena

- **Weigh-in**

Date: 28 June 2023

Time: 09:00 am/20:00 pm

Location – Myslenice Arena

Arrival, medical check and official weigh-in based on arrival schedule of all participants

Control weigh-in (semi- finals) on 01 July 2023. at 08:00

Control weigh-in (finals) on 02 July 2023. at 08:00

3.2. Competition Procedures

- **NOC Technical Filming Policy**

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area. The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required.

The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.

- **Warm-up**

Procedure of accessing warm-up (90 minutes before the scheduled time of the fight)

- **Call Room procedures**

Procedure of accessing and leaving Call Room (enter to the Call Room is 15 minutes before the fight)



3.3. Post-competition Procedures

- **Doping Control**

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to the Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

- **Broadcast Mixed Zone and Flash-Zone**

All the Athletes must exit FoP via the Mixed Zone.


After the competition or Medal Ceremony, all the Athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the Mixed Zone. Team Coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, Athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the Interview Zone (outside the Mixed Zone) or press conference.

Journalists wanting to interview someone would make a request to Press Operations Volunteers who will escort the athlete. By default, all three medalists and all Polish Athletes will be accompanied by volunteers for interviews. Press Attaches, DCOs, and LANS Team members will be able to escort Athletes into the Mixed Zone if needed. Once in the Mixed Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same Athlete.

The Mixed Zone will be managed by Press Operations Volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media 'scrum' is created.



All the medalists will be asked to attend a short press conference after the Medal Ceremony and pass through the Mixed Zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, athletes will not come back to the FoP.

Following a competition in the direct elimination phase or Medal Ceremony all athletes will pass through the Broadcast Mixed Zone as they leave the field of play, but are not obliged to speak. Coaches may also be asked to pass through the Broadcast Mixed Zone for the interview possibilities. After passing through Mixed Zone athletes will be free to return to changing room or go to Medical/Doping.

- **Result Distribution**

Competition-related information for all sports, including results reports, will be available on the Games-time website www.european-games.org.

Kickboxing results will be available on the website www.sportdata.org

- **Medal Ceremonies**


All Medal Ceremonies at the 3rd European Games Krakow-Malopolska 2023 will occur on or next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, the Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, the latter is being handed to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.



No one, but the winners can be awarded medals or allowed to ascend the podium.

Athletes will be required to wear their NOC official uniform throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3rd European Games Krakow-Malopolska 2023.

Athletes ranked :

- first,
- second,
- and third (x2 athletes)

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

The rewarding the prize-winners goes as follows:

The ceremony begins with the medal(-s) and the mascot(-s) awarded to the Athlete (team) ranked third.

Diplomas for the Athletes ranked from 1st to 3rd will be distributed in the AVL NOC Services Centre.

4. Training Information

4.1. Key Information

Training day is 29 June 2023 in Myslenice Arena - Zdrojowa9, 32-400 Myslenice.

4.2. Training Information and Regulations

Each Training Session must be pre-booked – also listed below.

The Training Site will have controlled access for accredited Team Members only, public access will not be allowed.

Training Access:

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).


-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGO's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day
- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day

- 
- 181-200 athletes 10 TAP per day
 - 201-220 athletes 11 TAP per day
 - 221-240 athletes 12 TAP per day
 - 241-260 athletes 13 TAP per day
 - Etc.


4.3. Venue Facilities

The Training Site will be organized in Myslenice Arena on 29 June 2023 from 10:00 to 12:00.

Appendix 1. Event Competition Schedule

Fighting schedule – RING (FULL CONTACT)

Date	Time	Discipline	Gender	Weight category	Round	Fighting Area	
30 June 2023	10:00	Full Contact	Male	-63.5 kg	Quarter final	Ring	
	10:15	Full Contact	Male	-63.5 kg	Quarter final	Ring	
	10:30	Full Contact	Male	-63.5 kg	Quarter final	Ring	
	10:45	Full Contact	Male	-63.5 kg	Quarter final	Ring	
	11:00	Full Contact	Female	-52 kg	Quarter final	Ring	
	11:15	Full Contact	Female	-52 kg	Quarter final	Ring	
	11:30	Full Contact	Female	-52 kg	Quarter final	Ring	
	11:45	Full Contact	Female	-52 kg	Quarter final	Ring	
	12:00	Full Contact	Male	-75 kg	Quarter final	Ring	
	12:15	Full Contact	Male	-75 kg	Quarter final	Ring	
	12:30	Full Contact	Male	-75 kg	Quarter final	Ring	
	12:45	Full Contact	Male	-75 kg	Quarter final	Ring	
	13:00	Full Contact	Female	-60 kg	Quarter final	Ring	
	13:15	Full Contact	Female	-60 kg	Quarter final	Ring	
13:30	Full Contact	Female	-60 kg	Quarter final	Ring		
13:45	Full Contact	Female	-60 kg	Quarter final	Ring		
	14:00	14:00-15:00 LUNCH BREAK					
30 June 2023	15:00	Full Contact	Male	-86 kg	Quarter final	Ring	
	15:15	Full Contact	Male	-86 kg	Quarter final	Ring	
	15:30	Full Contact	Male	-86 kg	Quarter final	Ring	
	15:45	Full Contact	Male	-86 kg	Quarter final	Ring	
	16:00	Full Contact	Female	-70 kg	Quarter final	Ring	
	16:15	Full Contact	Female	-70 kg	Quarter final	Ring	
	16:30	Full Contact	Female	-70 kg	Quarter final	Ring	
	16:45	Full Contact	Female	-70 kg	Quarter final	Ring	
1 JULY 2023	11:00	Full Contact	Male	-63.5 kg	Semi final	Ring	
	11:15	Full Contact	Male	-63.5 kg	Semi final	Ring	
	11:30	Full Contact	Female	-52 kg	Semi final	Ring	
	11:45	Full Contact	Female	-52 kg	Semi final	Ring	
	12:00	Full Contact	Male	-75 kg	Semi final	Ring	
	12:15	Full Contact	Male	-75 kg	Semi final	Ring	
	12:30	Full Contact	Female	-60 kg	Semi final	Ring	
	12:45	Full Contact	Female	-60 kg	Semi final	Ring	
	13:00	Full Contact	Male	-86 kg	Semi final	Ring	
	13:15	Full Contact	Male	-86 kg	Semi final	Ring	
	13:30	Full Contact	Female	-70 kg	Semi final	Ring	
13:45	Full Contact	Female	-70 kg	Semi final	Ring		
2 JULY 2023	11:15	Full Contact	Male	-63.5 kg	Final	Ring	
	11:45	MEDAL CEREMONY – FIRST BLOCK (LC-63M, FC-63,5M, PF-50F)					
	12:15	Full Contact	Female	-52 kg	Final	Ring	



13:00	MEDAL CEREMONY – SECOND BLOCK (LC-79M, FC-52F, PF-60F)				
13:30	Full Contact	Male	-75 kg	Final	Ring
14:15	MEDAL CEREMONY – THIRD BLOCK (PF-74M, FC-75M, LC-50F)				
14:45	Full Contact	Female	-60 kg	Final	Ring
15:30	MEDAL CEREMONY – FOURTH BLOCK (PF-84M, FC-60F, LC-60F)				
16:15	Full Contact	Male	-86 kg	Final	Ring
16:45	Full Contact	Female	-70 kg	Final	Ring
17:00	MEDAL CEREMONY – FIFTH BLOCK (PF-63M, FC-86M, PF-70F, FC-70F)				

Fighting schedule - TATAMI (POINT FIGHTING, LIGHT CONTACT)

Date	Time	Discipline	Gender	Weight category	Round	Fighting Area
30 June 2023	10:00	Point fighting	Male	-63 kg	Quarter final	Tatami
	10:15	Point fighting	Male	-63 kg	Quarter final	Tatami
	10:30	Point fighting	Male	-63 kg	Quarter final	Tatami
	10:45	Point fighting	Male	-63 kg	Quarter final	Tatami
	11:00	Point fighting	Female	-50 kg	Quarter final	Tatami
	11:15	Point fighting	Female	-50 kg	Quarter final	Tatami
	11:30	Point fighting	Female	-50 kg	Quarter final	Tatami
	11:45	Point fighting	Female	-50 kg	Quarter final	Tatami
	12:00	Point fighting	Male	-74 kg	Quarter final	Tatami
	12:15	Point fighting	Male	-74 kg	Quarter final	Tatami
	12:30	Point fighting	Male	-74 kg	Quarter final	Tatami
	12:45	Point fighting	Male	-74 kg	Quarter final	Tatami
	13:00	Point fighting	Female	-60 kg	Quarter final	Tatami
	13:15	Point fighting	Female	-60 kg	Quarter final	Tatami
	13:30	Point fighting	Female	-60 kg	Quarter final	Tatami
13:45	Point fighting	Female	-60 kg	Quarter final	Tatami	
14:00-15:00 LUNCH BREAK						
30 June 2023	15:00	Point fighting	Male	-84 kg	Quarter final	Tatami
	15:15	Point fighting	Male	-84 kg	Quarter final	Tatami
	15:30	Point fighting	Male	-84 kg	Quarter final	Tatami
	15:45	Point fighting	Male	-84 kg	Quarter final	Tatami
	16:00	Point fighting	Female	-70 kg	Quarter final	Tatami
	16:15	Point fighting	Female	-70 kg	Quarter final	Tatami
	16:30	Point fighting	Female	-70 kg	Quarter final	Tatami
	16:45	Point fighting	Female	-70 kg	Quarter final	Tatami
	17:00	Light Contact	Male	-79 kg	Quarter final	Tatami
	17:12	Light Contact	Male	-79 kg	Quarter final	Tatami
	17:24	Light Contact	Male	-79 kg	Quarter final	Tatami
	17:36	Light Contact	Male	-79 kg	Quarter final	Tatami
	17:48	Light Contact	Female	-60 kg	Quarter final	Tatami
	18:00	Light Contact	Female	-60 kg	Quarter final	Tatami
	18:12	Light Contact	Female	-60 kg	Quarter final	Tatami
	18:24	Light Contact	Female	-60 kg	Quarter final	Tatami
	18:36	Light Contact	Male	-63 kg	Quarter final	Tatami
	18:48	Light Contact	Male	-63 kg	Quarter final	Tatami
	19:00	Light Contact	Male	-63 kg	Quarter final	Tatami
	19:12	Light Contact	Male	-63 kg	Quarter final	Tatami
19:24	Light Contact	Female	-50 kg	Quarter final	Tatami	
19:36	Light Contact	Female	-50 kg	Quarter final	Tatami	
19:48	Light Contact	Female	-50 kg	Quarter final	Tatami	

	20:00	Light Contact	Female	-50 kg	Quarter final	Tatami
1 JULY 2023	11:00	Point fighting	Male	-63 kg	Semi final	Tatami
	11:15	Point fighting	Male	-63 kg	Semi final	Tatami
	11:30	Point fighting	Female	-50 kg	Semi final	Tatami
	11:45	Point fighting	Female	-50 kg	Semi final	Tatami
	12:00	Point fighting	Male	-79 kg	Semi final	Tatami
	12:15	Point fighting	Male	-79 kg	Semi final	Tatami
	12:30	Point fighting	Female	-60 kg	Semi final	Tatami
	12:45	Point fighting	Female	-60 kg	Semi final	Tatami
	13:00	Point fighting	Male	-84 kg	Semi final	Tatami
	13:15	Point fighting	Male	-84 kg	Semi final	Tatami
	13:30	Point fighting	Female	-70 kg	Semi final	Tatami
	13:45	Point fighting	Female	-70 kg	Semi final	Tatami
	14:00-15:00 LUNCH BREAK					
	15:00	Light Contact	Male	-79 kg	Semi final	Tatami
	15:12	Light Contact	Male	-79 kg	Semi final	Tatami
	15:24	Light Contact	Female	-50 kg	Semi final	Tatami
	15:36	Light Contact	Female	-50 kg	Semi final	Tatami
	15:48	Light Contact	Male	-63 kg	Semi final	Tatami
	16:00	Light Contact	Male	-63 kg	Semi final	Tatami
	16:12	Light Contact	Female	-60 kg	Semi final	Tatami
	16:24	Light Contact	Female	-60 kg	Semi final	Tatami
2 JULY 2023	11:00	Light Contact	Male	-63 kg	Final	Tatami
	11:30	Point Fighting	Female	-50 kg	Final	Tatami
	11:45	MEDAL CEREMONY – FIRST BLOCK (LC-63M, FC-63,5M, PF-50F)				
	12:15	Light Contact	Male	-79 kg	Final	Tatami
	12:45	Point Fighting	Female	-60 kg	Final	Tatami
	13:00	MEDAL CEREMONY – SECOND BLOCK (LC-79M, FC-52F, PF-60F)				
	13:30	Point fighting	Male	-74 kg	Final	Tatami
	14:00	Light Contact	Female	-50 kg	Final	Tatami
	14:15	MEDAL CEREMONY – THIRD BLOCK (PF-74M, FC-75M, LC-50F)				
	14:45	Point Fighting	Male	-84 kg	Final	Tatami
	15:15	Light Contact	Female	-60 kg	Final	Tatami
	15:30	MEDAL CEREMONY – FOURTH BLOCK (PF-84M, FC-60F, LC-60F)				
	16:00	Point Fighting	Male	-63 kg	Final	Tatami
	16:30	Point Fighting	Female	-70 kg	Final	Tatami
	17:00	MEDAL CEREMONY – FIFTH BLOCK (PF-63M, FC-86M, PF-70F, FC-70F)				

Appendix 2. Venue Maps





KRAKÓW MAŁOPOLSKA
EG2023
3rd EUROPEAN GAMES

Organising Committee