



# Technical Manual Artistic Swimming

## DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time Website, while any changes to the training schedule will be communicated by the Sport Information Centre in the Athletes Village.

## **Welcome**

The 3rd European Games Krakow-Malopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials and about 1,200 Technical Officials from across Europe to participate in elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates.

The Technical Manual also includes details of the relevant venue, medical, anti-doping, training and competition related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Krakow-Malopolska 2023 for 12 days of competition that puts sport first and sets a tradition for the European Games.

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# 1. General Information

Artistic Swimming Competition at 3<sup>rd</sup> European Games 2023 will be held from 21 June to 25 June at the Aquatics Center in Oswiecim.

A maximum of 180 Athletes, men and women can take part in the EG2023 Artistic Swimming Competition.

Within the EG2023 will be held the European Artistic Swimming Championships and Olympic Qualification for the Olympic Games Paris 2024. The best duet with combined results (Duet Technical + Duet Free), not yet qualified, will earn quota place for Paris 2024 Olympic Games.

## 1.1. Key Dates

|                        |                                     |
|------------------------|-------------------------------------|
| <b>2 June 2023</b>     | Sport Entries submission deadline   |
| <b>18 June 2023</b>    | Athletes' Village official opening  |
| <b>18 June 2023</b>    | Arrival day                         |
| <b>19-20 June 2023</b> | Start of Official Training          |
| <b>20 June 2023</b>    | Technical Meeting and Official Draw |
| <b>21 June 2023</b>    | EG2023 Opening Ceremony             |
| <b>21 June 2023</b>    | Start of the Competition            |
| <b>25 June 2023</b>    | End of the Competition              |
| <b>26-27 June 2023</b> | Departure days                      |
| <b>2 July 2023</b>     | EG2023 Closing Ceremony             |
| <b>4 July 2023</b>     | Athletes' Village official closing  |

## 1.2. Competition Management

|                                       |               |
|---------------------------------------|---------------|
| Artistic Swimming Competition Manager | Agata Kubiak  |
| Artistic Swimming Venue Manager       | Jonasz Dubiel |

## 1.3. European Aquatics Officials (LEN)

|           |                    |     |
|-----------|--------------------|-----|
| President | António José SILVA | POR |
|-----------|--------------------|-----|

|                    |               |     |
|--------------------|---------------|-----|
| Secretary General  | Noam ZWI      | ISR |
| Technical Delegate | Ulla LUCENIUS | FIN |

#### 1.4. International Technical Officials (ITOs)

The total number of ITOs is 44.

|                          | ITOs |
|--------------------------|------|
| LEN Office               | 1    |
| LEN Bureau               | 2    |
| LEN TASC                 | 15   |
| Medical Delegate         | 1    |
| Chief Recorder           | 1    |
| Announcer                | 1    |
| TV Commentator           | 1    |
| Technical Controller     | 8    |
| Judge                    | 12   |
| World Aquatics TD        | 1    |
| World Aquatics Evaluator | 1    |

|                     |                            |     |
|---------------------|----------------------------|-----|
| LEN Office          | Apostolos Tsagkarakis      | GRE |
| LEN Bureau Liaison  | Noam Zwi                   | ISR |
| LEN Bureau Liaison  | Andida Bouma               | NED |
| LEN TASC Chair      | Ulla Lucenius              | FIN |
| LEN TASC Vice Chair | Maria Ramos                | GBR |
| LEN TASC Secretary  | Marie Yildiz Kavaklioglu   | FRA |
| LEN TASC            | Christiane Brenner-Froemel | AUT |
| LEN TASC            | Darko Curuvija             | CRO |
| LEN TASC            | Ivona Kralikova            | CZE |
| LEN TASC            | Ana Montero                | ESP |
| LEN TASC            | Judit Vizi                 | HUN |
| LEN TASC            | Paolo Soro                 | ITA |

|                                   |                          |     |
|-----------------------------------|--------------------------|-----|
| LEN TASC                          | Yael Yogev Rubichek      | ISR |
| LEN TASC                          | Iva Popovic              | SRB |
| LEN TASC                          | Anastasiya Petrenko      | UKR |
| LEN TASC                          | Annemiek Brooijmans      | NED |
| LEN TASC                          | Despina Karambela        | GRE |
| LEN TASC                          | Sylvia Haider            | GER |
| Medical Delegate                  | Naama Constantini        | ISR |
| Chief Recorder                    | Thomas Rohss             | SWE |
| Announcer                         | Assia Rosatti            | ITA |
| TV Commentator                    | Andrea Holland           | GBR |
| Technical Controller              | Alba Cabello Rodilla     | ESP |
| Technical Controller              | Rynske Keur              | NED |
| Technical Controller              | Sylvie Neuville          | FRA |
| Technical Controller              | Alisson Pratt            | GBR |
| Technical Controller              | Iva Gricar               | CRO |
| Technical Controller              | Ester Levy Cohen         | ISR |
| Technical Controller              | Victoria Montedonico     | URU |
| Technical Controller              | Aziza Mahmoud Abdelfatah | EGY |
| Judge                             | Renata Kozena            | CZE |
| Judge                             | Rosa Moran Lineros       | ESP |
| Judge                             | Sandra Doimo             | FRA |
| Judge                             | Hannah Secher            | GBR |
| Judge                             | Petra Obermark           | GER |
| Judge                             | Natalia Lerman           | ISR |
| Judge                             | Pierangela Lupi          | ITA |
| Judge                             | Olga Nikolaichuk         | UKR |
| Judge                             | Julia Nuler              | AUT |
| Judge                             | Katrin Eggenberger       | LIE |
| Judge                             | Akiko Sumi               | JPN |
| Judge                             | Marisol Vega             | PUR |
| World Aquatics Technical Delegate | Marlon Falcon            | VEN |
| World Aquatics Evaluator          | Alina PIONTKOVSKAYA      | UZB |

## 1.5. National Technical Officials (NTOs)

The total number of NTOs is 10.

|                            |                    |
|----------------------------|--------------------|
| Chief Recorder's Assistant | Mateusz Szymik     |
| Secretary                  | Urszula Puszczyk   |
| Secretary                  | Julia Wodzińska    |
| Timekeeper                 | Olga Bugaj         |
| Timekeeper                 | Alicja Dudek       |
| Last Call Room             | Julia Marcinkowska |
| Last Call Room             | Wiktoria Frąszczak |
| Training schedule          | Hanna Hurkot       |
| Training schedule          | Sandra Rybarczyk   |
| Training schedule          | Agnieszka Cizek    |

## 1.6. Medal Events

|   |   |
|---|---|
| <b>Duet Technical</b><br><b>Duet Free</b> | <b>Mixed Duet Technical</b><br><b>Mix Duet Free</b><br><b>Team Technical</b><br><b>Team Free</b><br><b>Free Combination</b><br><b>Acrobatic</b> |
|---|---|

## 1.7. Competition Format

### 1.7.1. Technical Routing Men / Women

- Duet Technical
- Mix Duet Technical
- Team Technical

### 1.7.2. Free Routing Men / Women

- Duet Free
- Mix Duet Free
- Team Free
- Free Combination



- Acrobatic

### 1.7.3. Event Phases:

| Event                  | Event Phases: |       |
|------------------------|---------------|-------|
|                        | Preliminary   | Final |
| Duet Free              |               |       |
| Team Free              | ✓             | ✓     |
| Duet Technical, Mixed  |               |       |
| Duet Technical, Mixed  |               |       |
| Duet Free, Team        | ✗             | ✓     |
| Technical, Free        |               |       |
| Combination, Acrobatic |               |       |

### 1.8. Competition Draw

In accordance with World Aquatic and LEN Rules, the draw for the order of appearance will be conducted at the Team Leaders' Meeting .

### 1.9. Competition Rules

The competition will be held under World Aquatics and LEN Rules World Aquatics Rules <https://www.fina.org/artistic-swimming/rules> and LEN Rules <https://www.len.eu/wp-content/uploads/2022/09/General-events-rules%E2%80%8B.pdf>.


All Athletes participating in the 2023 European Games in Artistic Swimming must be born on or before 31 December 2008.

Athlete must be eligible to represent his/her NOC according to the LEN rules.

Duet Free and Team Free will be held in two phases: Preliminaries and Finals. Only the twelve (12) best results shall be allowed in the Finals. In the remaining Events will be held in a format of direct Final.

Duet may have one reserve and Mixed Duet one (1) male and one (1) female reserve.

Team Technical and Acrobatic shall consist of 4-8 competitors, Free Combination shall consist of 4-10 competitors. Team Events with maximum of two (2) reserves. The



total number of competitors entered by each NOC may not exceed twelve (12) competitors and fourteen (14) if Mixed Duet is entered.

The guideline for time routines including ten (10) seconds for deck movement are as follows:

|                        |                |
|------------------------|----------------|
| Technical Duets:       | 2 min. 20 sec. |
| Free Duets:            | 2 min. 45 sec. |
| Technical Mixed Duets: | 2 min. 20 sec. |
| Free Mixed Duets:      | 2 min. 45 sec. |
| Technical Teams:       | 2 min. 50 sec. |
| Free Teams:            | 3 min. 30 sec. |
| Acrobatic:             | 3 min. 00 sec. |
| Free Combination:      | 3 min. 00 sec. |

There shall be an allowance of five (5) seconds less or plus the allotted time for all routines.

Walk-On time shall not exceed 30 seconds for Technical or Free Mixed Duets, Technical or Free Teams, Free Combination, Acrobatic Routine and 20 second for female Duets Events.


### **1.9.1. Protests and Appeals**

All protests, and appeals will be carried out in accordance with World Aquatics Rules <https://www.fina.org/artistic-swimming/rules> and LEN Rules <https://www.len.eu/wp-content/uploads/2022/09/General-events-rules%E2%80%8B.pdf> (Rule E22 for the protests).

### **1.10. Clothing and Equipment**

#### **o Competition Uniforms**

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Krakow & Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.



The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

- **Out of Competition Clothing**

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm<sup>2</sup> each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

### **1.11. Late Athlete Replacement Policy (LAR)**

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures\* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR – to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR – each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

| <b>NUMBER OF ATHLETES IN NOC DELEGATION</b> | <b>QUOTA FOR NON-MEDICAL LAR</b> |
|---|----------------------------------|
| <b>1-10</b>                                 | <b>1</b>                         |
| <b>11-20</b>                                | <b>2</b>                         |
| <b>21-50</b>                                | <b>5</b>                         |
| <b>51-100</b>                               | <b>10</b>                        |
| <b>101-150</b>                              | <b>15</b>                        |
| <b>151+</b>                                 | <b>20</b>                        |

\*The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.


## **1.12. Doping Control**

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Where the Athlete already has a TUE granted by their National Anti-Doping Organization or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognize it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine which contains prohibited substances or methods considered as prohibited for medical purposes



during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organization that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023.

### **12.1. Doping Control Rules and Program**

During the EG2023, the amended version of the World Anti-Doping Code, which entered into force on 1 January 2021, and relevant international standards apply. The organizer of the event does not introduce any modifications in this regard.

### **1.13. Sport Information**

Sport Information Desk (SID) will be available at each Competition Venue while venue is open and will provide a variety of services to NOCs as follows:

- the dissemination of General Sport Information;
- the distribution of Start Lists, draw lists and results;
- Training Schedule information for open and pre-allocated training;
- sign up for bookable training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only).

### **1.14. Competition Schedule**


During the Games there may be delays, postponements or cancellations of Competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website.

For detailed information, please refer to Appendix 1.

### **1.15. Weather Information**

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average



daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rain falls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, a windy day is also 33 percent. There's also a 50/50 chance of fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include forecast for the current day as well as a summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.



## 2. Competition Venue Information

### 2.1. Key Information

The Artistic Swimming Competition will be held at Aquatics Center in Oswiecim.

Distance from the Athletes' Village TBD

Venue capacity is 400 spectators seats.

Venue Address: ul. Chemikow 2, 32-600 Oswiecim, Poland

### 2.2. Venue Access

During the event, competitors depending on their discipline will be provided with shuttle buses or dedicated cars. The K&MEGOC will provide a regular shuttle service between Main Accreditation Centre, Media and Volunteers Centre, Competition Venues / Training Venues, Official Hotels, airports, and train stations as well. The shuttle service will run every 30-45 minutes and during rush hours every 15-20 minutes. The shuttle service will start operating two days before the first game starts and will end one day after the last game ends at each Sports Venue. On an operating day the shuttle service will start running two hours before the first activities at the venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last routine.

K&MEGOC will provide a shuttle service between Krakow and other locations 2-3 times a day, except the route Krakow – Tarnow, where the vehicles will operate more often.

### 2.3. Field of Play (FoP)

Competition pool is 50m x 25m (4, 2m – 3, 2m deep). The pool will be separated in two parts: Warm-Up Area and Field of Play (FoP).

There is the second swimming pool which is 25m x 15m (1, 6m – 1, 1m deep) will be used as Warm-Up Area.

## 2.4. Venue Services and Facilities

### ○ Athletes' Changing Rooms

Changing Rooms with lockers, eight (8) for women and two (2) for men, are available at the Aquatic Center and include showers, toilets and changing areas for coaches and Team Officials.

### ○ Athletes' Refreshments Area

Access to snacks and beverages will be provided to Athletes in the Athletes' Refreshments Areas at the Competition Venues. Snacks and beverages at the Sports Venues will be available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

- on Competition Days: 1h before the start of the first game to 30 mins after the end of the last game;
- on official Training Days: 30 mins before the start of the first training up to 30 mins after the end of the last training of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues and Athletes' Lounges:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a vegeoption;
- Granola bars;
- Isotonic drinks in bottles of 0.5l or 0.75l.

### ○ Broadcast Mixed Zone and I-Zone

All Competition Venues will include the Mixed Zone splitted between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press and Games News Service. There will be also Interview Zone provided for all the non-right TV and radio crews.





- **Doping Control Station**

At each Competition Venue, there will be an anti-doping control station, which meets criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the Athletes and Doping Control Personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

- **Lost and Found**

All reports of lost items at the Venue should be directed to SID. This is also the location where all found, at the Athletes Area or Field of Play items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVL.

- **Medical Services**

Medical services will be provided at Competition Venues, Training Sites and Non-Competition Venues.

The following medical services will be provided at the Venue:

- Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;
- Pedestrian Parts with a Paramedic, Basic Life Support Equipment;
- Medical Aid Points with a doctor or system nurse or paramedic, Advance Life Support Equipment
- Life guards for all sections of the pool – Competition Pool, Warm Up Pool and Training Pool.

- **Venue Evacuation and Emergency Procedures**

In the unlikely event of a venue evacuation, a public announcement message will be broadcast within the venue that will provide directions.

On hearing the evacuation message, athlete groups onsite should follow the directions of K&MEGOC workforce and leave the venue via indicate routes and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.

## 3. Team Leaders Information

### 3.7. Pre Competition Procedures

- **Music Submission**

In accordance with the World Aquatics and LEN Rules, Team Leaders or Coaches shall submit their music to Organizing Committee in WAV or MP3 format through Internet by June 02, 2023. There must be sent signed copies of Music Information Sheet (Appendix 2) and Music Submission Form (Appendix 4) along with the music files to the email address: [music@ie2023.pl](mailto:music@ie2023.pl) copy to LEN Office [lenoffice@len.eu](mailto:lenoffice@len.eu)

Each NOCs must be aware of responsibility for acquiring a copyright release for the music to be used during competition. Signed originals of the Music Submission Forms must be provided during the Team Leaders Meeting.

- **Team Leaders' Meeting**

Date: 20 June 2023

Time: 10:00

Location: Aquatics Center

At the Team Leaders Meeting, Team Managers will be informed of the important details of competition. Participation is mandatory for all NOCs. A maximum of two (2) representatives from each NOC can attend this meeting, accompanied by a Language Service Team member or an NOC Assistant, if necessary.

#### **Official Draw**

Date: 20 June 2023

Time: 10:00

Location: Aquatics Center

Adress: ul. Chemikow 2, 32-600 Oswiecim, Poland

- **Coach Cards**

In accordance with the World Aquatics and LEN Rules, completed Coach Cards (Appendix 3), must be sent to the email address: [as.coachcard@ie2023.pl](mailto:as.coachcard@ie2023.pl) copy to [lenoffice@len.eu](mailto:lenoffice@len.eu) by 02 June 2023.

## 3.2. Competition Procedures

### ○ Warm-Up

Prior to all finals, there will be time available for music run – throughs. Each team will be limited to one run – through with music, and the schedule will be announced after the order of appearance draw has been conducted. Once competition has begun, a limited space in the training pool will also be available for practice. However, priority access will be given to those athletes competing in that session.

### ○ Call Room Procedures

At the conclusion of the warm-up period, athletes are asked to marshal in the Call Room at least three (3) routines prior to their start number (20 min before the start of their own session). Routine members one (1), two (2) and three (3) must report to the Call Room immediately after the conclusion of the warm-up period.

### ○ NOC Filming

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area. The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only.

Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required. The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.


## 3.3. Post-Competition Procedures

### ○ Kiss and Cry Zone

Upon completion of their swim, Athletes will leave the water via a ladder and then will meet the coaches at the Kiss & Cry corner and continue to the starting platform to listen for their scores.

### ○ Doping Control

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification.



The notified Athlete may invite a team representative or team doctor to the Doping Control Station along with them.

During doping control, competitors will be instructed by doping control, officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

- o **Broadcast Mixed Zone and Flash-Zone**

All the Athletes must exit FoP via the Mixed Zone.


After the competition or Medal Ceremony, all the Athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the Mixed Zone. Team Coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, Athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the Interview Zone (outside the Mixed Zone) or press conference.

Journalists wanting to interview someone would make a request to Press Operations Volunteers who will escort the athlete. By default, all three medalists and all Polish Athletes will be accompanied by volunteers for interviews. Press Attaches, DCOs and LANS Team members will be able to escort Athletes into the Mixed Zone, if needed. Once in the Mixed Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceed the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same Athlete.

The Mixed Zone will be managed by Press Operations Volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media "scrum" is created.



All the medalists will be asked to attend short press conference after the Medal Ceremony and passing through the Mixed Zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, athletes will not come back to the FoP.

o **Result Distribution**

Competition-related information for all sports, including results reports, will be available on the Games-time website [www.european-games.org](http://www.european-games.org)

Delivery of printed results information is available only at Competition Venues and to time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the [www.european-games.org](http://www.european-games.org)

o **Medal Ceremonies**


All Medal Ceremonies at the 3<sup>rd</sup> European Games 2023 will occur on or next to FoP. Before each Medal Ceremony all the medalists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sport equipment, items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, the latter be handed in to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony no commercial, political, religious or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.



No one, but the winners can be awarded medals or allowed to ascend the podium.

Athletes will be required to wear their NOC official uniform and sports shoes throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit and sports shoes with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3<sup>rd</sup> European Games 2023.

Athletes ranked :

- first,
- second,
- and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

The rewarding the prize-winners goes as follows:

The ceremony begins with the medal(-s) and the mascot(-s) awarded to the Athlete (team) ranked third.

Diplomas for the Athletes ranked from 1<sup>st</sup> to 3<sup>rd</sup> will be distributed in the AVL NOC Services Centre.

## 4. Training Information

### 4.1. Key Information

Official Training for the Artistic Swimming Competition will take place at Aquatics Arena in 3 pools, competition pool and two (2) Warm-Up pools, from 19 till 20 June. If any NOCs will request more training days there is a possibility to arrange Unofficial Training. In that case NOCs should contact directly with administration of Aquatics Center via email: [grzesiek@mosir.oswiecim.pl](mailto:grzesiek@mosir.oswiecim.pl)

OC does not provide any services and support for Unofficial Training. NOCs take all responsibility for organising transfer, meals, medical support and etc. for their teams during Unofficial Training.

### 4.2. Training Information and Regulation

At the Training Site will have controlled access for accredited Team Members only, public access will not be allowed.

#### Training Access:

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).

-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGO's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day

- 
- 81-100 athletes 5 TAP per day
  - 101-120 athletes 6 TAP per day
  - 121-140 athletes 7 TAP per day
  - 141-160 athletes 8 TAP per day
  - 161-180 athletes 9 TAP per day
  - 181-200 athletes 10 TAP per day
  - 201-220 athletes 11 TAP per day
  - 221-240 athletes 12 TAP per day
  - 241-260 athletes 13 TAP per day
  - Etc.

### **4.3. Venue Facilities**

- **Massage Area**

Massage Area will be available for athletes and team officials around the training pool. Each NOC have possibility to install their own massage tables inside Massage Area.

- **Athletes' Refreshments Area**

Full Medical Service will be provided during Official Trainings.



## Appendix 1. Artistic Swimming Competition Schedule

| Date  | Time        | Type                     | Competition Phase |
|---|-------------|--------------------------|-------------------|
|   |             |                          | Arrival Day       |
| <b>Sunday, 18 June 2023</b>                           |             |                          |                   |
| <b>Monday, 19 June 2023</b> 08:00-20:00 Training Day  |             |                          |                   |
| <b>Tuesday, 20 June 2023</b> 08:00-20:00 Training Day |             |                          |                   |
| <b>Wednesday, 21 June 2023</b>                        |             | <b>Competition Day 1</b> |                   |
|   | 10:00-12:30 | Duet Free                | Preliminaries     |
|   | 16:00-18:00 | Team Free                | Preliminaries     |
| <b>Thursday, 22 June 2023</b>                         |             | <b>Competition Day 2</b> |                   |
|   | 10:00-10:40 | Mixed Duet Technical     | Final             |
|   | 10:50       | Medal Ceremony           |                   |
|   | 18:00-19:40 | Duet Technical           | Final             |
|   | 19:50       | Medal Ceremony           |                   |
| <b>Friday, 23 June 2023</b>                           |             | <b>Competition Day 3</b> |                   |
|   | 10:00-10:40 | Free Routine Combination | Final             |
|   | 10:50       | Medal Ceremony           |                   |
|   | 18:00-19:00 | Team Technical           | Final             |
|   | 19:10       | Medal Ceremony           |                   |
| <b>Saturday, 24 June 2023</b>                         |             | <b>Competition Day 4</b> |                   |
|   | 10:00-10:50 | Acrobatic Routine        | Final             |
|   | 11:00       | Medal Ceremony           |                   |
|   | 18:00-19:10 | Duet Free                | Final             |
|   | 19:20       | Medal Ceremony           |                   |
|   | 19:20-19:50 | Mixed Duet Free          | Final             |
|   | 20:00       | Medal Ceremony           |                   |
| <b>Sunday, 25 2023</b>                                |             | <b>Competition Day 5</b> |                   |
|   | 10:00-11:10 | Team Free                | Final             |
|   | 11:20       | Medal Ceremony           |                   |
| <b>Monday, 26 June 2023</b>                           |             | Departure Day            |                   |
| <b>Tuesday, 27 June 2023</b>                          |             | Departure Day            |                   |

## Appendix.2. Music Information Sheet



# MUSIC INFORMATION SHEET

This form must be returned to the email address: [music@ie2023.pl](mailto:music@ie2023.pl) CC LEN Office by June 02, 2023

|                     |  |
|---------------------|--|
| <b>Country Code</b> |  |
| <b>NOC:</b>         |  |

|                             |  |  |   |   |
|-----------------------------|--|--|---|---|
| <b>ROUTINE INFORMATION:</b> | <input type="checkbox"/> Duet Free<br><input type="checkbox"/> Team Free | <input type="checkbox"/> Duet Tech<br><input type="checkbox"/> Team Tech | <input type="checkbox"/> Duet Mixed<br><input type="checkbox"/> Combo | <input type="checkbox"/> Duet Mixed Tech<br><input type="checkbox"/> Acro |
|-----------------------------|--|--|---|---|

*Note – if you are taking part in more than one event, you must make separate music submission(s) for each event.*

|                                   |  |
|-----------------------------------|--|
| <b>Names of the Coaches:</b>      |  |
| <b>Name of the Choreographer:</b> |  |
| <b>Theme of Routine:</b>          |  |
| <b>Name of the Music:</b>         |  |

| <i>Please list titles in the order sequenced for your routine</i> | Track | Duration | Title | Artist(s) | Record label / owner of recording | Year first released | Writer(s) / owner(s) (composition / lyrics) | Publisher(s) |  |
|---|-------|----------|-------|-----------|-----------------------------------|---------------------|---|--------------|--|
|   | 1     |          |       |           |                                   |                     |   |              |  |
|   | 2     |          |       |           |                                   |                     |   |              |  |
|   | 3     |          |       |           |                                   |                     |   |              |  |
|   | 4     |          |       |           |                                   |                     |   |              |  |
|   | 5     |          |       |           |                                   |                     |   |              |  |
|   | 6     |          |       |           |                                   |                     |   |              |  |
|   | 7     |          |       |           |                                   |                     |   |              |  |
| <b>Total</b>  |       |          |       |           |                                   |                     |   |              |  |





|   |                          |
|---|--------------------------|
| <b>For Duet Free, Mixed Duet Free, Team Free, Combo and Acro</b>  |                          |
| <b>List some highlights of the Routine:</b>                       |                          |
| Order   |                          |
| Part 1  |                          |
| Part 2  |                          |
| Part 3  |                          |
| Part 4  |                          |
| Part 5  |                          |
| Part 6  |                          |
| <b>Short presentation of the athletes and their coach:</b>        |                          |
| <b>Why this music?</b>  |                          |
| <b>What are your goals for the future?</b>                        |                          |
| <b>What are the athletes' best achievement to date?</b>           |                          |
| <b>How long has this choreography been used?</b>                  |                          |
| <b>Form submitted by: (<i>President or Secretary General</i>)</b> |                          |
| <b>Name:</b>  | <b>Title:</b>            |
| <b>Date:</b>  |                          |
| <b>Signature:</b>   | <b>Federation Stamp:</b> |



## Appendix 3. Coach Card



## Coach Card

Please fill in with type or write in capital letters!

|                               |  |  |   |   |
|-------------------------------|--|--|---|---|
| <b>NOC:</b>                   |  |  |   |   |
| <b>Competition:</b>           | <b>3rd European Games Krakow-Malopolska 2023</b> |  |   |   |
| <b>Event:</b>                 | <input type="checkbox"/> <b>PRELIMS</b>          | <input type="checkbox"/> <b>FINALS</b>         |   |   |
|                               | <input type="checkbox"/> <b>Solo Tech</b>        | <input type="checkbox"/> <b>Male Solo Tech</b> | <input type="checkbox"/> <b>Duet Tech</b> | <input type="checkbox"/> <b>Mixed Duet Tech</b> |
|                               | <input type="checkbox"/> <b>Solo Free</b>        | <input type="checkbox"/> <b>Male Solo Free</b> | <input type="checkbox"/> <b>Duet Free</b> | <input type="checkbox"/> <b>Mixed Duet Free</b> |
|                               | <input type="checkbox"/> <b>Team Tech</b>        | <input type="checkbox"/> <b>Team Free</b>      | <input type="checkbox"/> <b>Acrobatic</b> | <input type="checkbox"/> <b>Combo</b>           |
| <b>Theme:</b>                 |  |  |   |   |
| <b>Name of competitor(s):</b> |  |  |   |   |

### ELEMENTS IN ORDER OF PERFORMANCE

| TIME | PART | EL | BASE MARK | DECLARED DIFFICULTY | BONUS |
|------|------|----|-----------|---------------------|-------|
|      |      |    |           |                     |       |
|      |      |    |           |                     |       |
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|  |  |  |  |  |  |

**NOC:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_



## Appendix 4. Music Submission Form



### Music Submission Form

| Country:   |             |             |              |          |
|------------|-------------|-------------|--------------|----------|
| a) Session | b) Athletes | c) Duration | d) Artist(s) | e) Title |
|            |             |             |              |          |
|            |             |             |              |          |
|            |             |             |              |          |
|            |             |             |              |          |
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|            |             |             |              |          |
|            |             |             |              |          |
|            |             |             |              |          |
|            |             |             |              |          |

- a) **SESSION** – Duet Free, Duet Technical, Duet Mixed Free, Duet Mixed Technical, Team Free, Team Technical, Team Free, Team Technical, Free Routine Combination, Acrobatic Routine
- b) **ATHLETES** – Athlete/s name/s
- c) **DURATION** – Duration of the song or piece of music as used in the routine
- d) **ARTIST(S)** – Name of the performer(s) or band or orchestra
- e) **TITLE** - Title of the exact song or piece of music as used in the routine

| <b>ATHLETE'S DECLARATION</b>   |              |
|--|--------------|
| I confirm that:  |              |
| <ol style="list-style-type: none"> <li>1. The relevant intellectual property rights owner(s) to the [song name] by [artist's name], has/have granted me a licence to use the aforementioned music piece at my performance during the European Games 2023.</li> <li>2. Under the licence mentioned above I may grant worldwide sublicence to European Games 2023 organisers.</li> <li>3. I have granted European Games 2023 organisers a sublicence to use the aforementioned music piece which will allow them to:               <ol style="list-style-type: none"> <li>a) Broadcast my performance</li> <li>b) Edit my performance's recording and use it for the purpose of promoting the competition, the discipline of artistic swimming and the European Olympic Committee's activity.</li> </ol> </li> <li>4. The sublicence agreement is attached to this declaration.</li> <li>5. My performance will not infringe any existing intellectual property rights. The use of [song name] during the competition won't cause any justified claims against the European Games 2023 organisers and broadcasters.</li> <li>6. I shall be liable for any damages to European Games 2023 organisers caused by a potential copyright infringement committed by me. Any dispute in this matter shall be governed by Polish law.</li> </ol> |              |
| <b>Signed:</b>   | <b>Date:</b> |
|  |              |



## ATHLETE'S DECLARATION

I confirm that:

1. The [song name] by [artist's name] belongs to the public domain.
2. My performance will not infringe any existing intellectual property rights. The use of [song name] during the competition won't cause any justified claims against the European Games 2023 organisers and broadcasters.
3. I shall be liable for any damages to European Games 2023 organisers caused by a potential copyright infringement committed by me. Any dispute in this matter shall be governed by Polish law.

**Signed:**

**Date:**

## NOC's CONFIRMATION


The NOC warrants as follows:

1. Athletes associated in our committee (hereinafter referred to as: Associated Athletes) have completed their declarations accurately.
2. The performance of Associated Athletes shall not infringe any existing intellectual property rights.
3. The NOC vouches for the accordance of Associated Athletes performance with third parties intellectual property rights. The NOC shall be liable for any damages to European Games 2023 organisers caused by a potential copyright infringement by Associated Athletes performance. Any dispute in this matter shall be governed by Polish law.

**Full name:**

**Position:**





I confirm that I am a duly authorised representative of the NOC, with due authority to sign the above agreement on behalf of the NOC.

**Signed (for the NOC):**

**Date:**

# Appendix 5. Venue Map





KRAKÓW MAŁOPOLSKA  
**EG2023**  
3rd EUROPEAN GAMES

Organising Committee