



Technical Manual Canoe Slalom



DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Gamestime Website, while any changes to the training schedule will be communicated by the Sport Information Centre in the Athletes Village.





Welcome

The 3rd European Games Krakow-Małopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials and about 1,200 Technical Officials from across Europe to participate in elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates.

The Technical Manual also includes details of the relevant venue, medical, antidoping, training and competition related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Krakow-Małopolska 2023 for 12 days of competition that puts sport first and sets a tradition for the European Games.



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1. General Information

The Canoe Slalom competition at the 3rd European Games 2023 will be held from 29 June 2023 to 2 July 2023 at the KOLNA Sports Center in the Krakow City region.

A maximum of 290 athletes, 155 men, and 135 women can take part in the Canoe Slalom competition.

1.1. Key dates

Date	Event
2 June 2023	Sports Entries Submission Deadline
18 June 2023	Athletes' Village Official Opening
21 June 2023	EG2023 Opening Ceremony
26 June 2023	Arrival day
26 June 2023	Start of official training
28 June 2023	Technical Meeting
29 June 2023	Start of the Competition
2 July 2023	End of the Competition EG2023 Closing Ceremony
3 – 4 July 2023	Departure Day
4 July 2023	Athletes' Village Official Closing





1.2. Competition Management

Position	Name
Canoe Slalom Competition Manager	Zbigniew Miązek
Canoe Slalom Venue Manager	Ewa Truszkowska

1.3. European Canoe Association

Position	Name
President	Jean Zoungrana
Secretary General	Branko Lovrić
Technical Delegate	Andrej Jelenc
Medical Delegate	Jane Gibson
Media Manager	Nina Jelenc
	Nebojša Radović

1.4. International Technical Officials (ITOs)

The total number of ITOs is 25.

Position	Name	NOC Code
Chief Official	Colin Woodgate	GBR
Chief Judge	Sue Natoli	AUS
Assistant Chief Judge	Frank Trompeter	GER
TVS Coordinator	Hans Peter Weiss	GER
Video Judge Co-Ordinator	Renaat Wijckmans	BEL
Video Judge	Sébastien Chaplais	FRA



James Mcconnachie	GBR
Phil Bate	GBR
vittoria Celletti	ITA
Lucia Zahorska	SVK
Fiona Pennie	GBR
Michaela Kratochvilova	CZE
Fernando Alonso Gutierrez	ESP
Valerie Chica De Diego	ESP
Jérôme Yvet	FRA
Oliver Schade	GER
Kaspars Pakers	LAT
Marlies Jasper	NED
Grzegorz Danek	POL
Robert Osinski	POL
krystof Pochwala	POL
Ionut Stancovici	ROU
Dušan Komel	SLO
Peter Petek	SLO
Tetiana Ivchenko	UKR
	Phil Batevittoria CellettiLucia ZahorskaFiona PennieMichaela KratochvilovaFernando Alonso GutierrezValerie Chica De DiegoJérôme YvetOliver SchadeKaspars PakersMarlies JasperGrzegorz DanekRobert Osinskikrystof PochwalaIonut StancoviciDušan KomelPeter Petek

1.5.National Technical Officials (NTOs)

The total number of NTOs is 15

Finish Judge	Kazimierz JEDRZEJOWSKI
National Technical Official	ТВА



National Technical Official

TBA

1.6. Medal Events

Men's Ev	ents

Men's Kayak Slalom - MK1

Men's Canoe Slalom - MC1

MC1 TEAMS

MKI TEAMS

WKI TEAMS

Women's Events

Women's Canoe Slalom - WC1

Women's Kayak Slalom WK1

WC1 TEAMS

Men's Kayak Cross - MX1

Women's Kayak Cross - WX1

NUMBERS OF ENTRIES

An NOC is entitled to enter:

- 1. up to three (3) boats in each Canoe Slalom individual event,
- 2. up to three (3) boats in each Kayak Cross event
- 3. a single team in each Team event at the European Games.

1.7. Competition Format

Canoe Slalom Competition consists of two (2) heat runs, one (1) semi-final run, and one (1) final run.

The number of competitors that progress to the semi-final and finals will be as for the ICF World Championships. That is as follows;

Event	To the Semi-final from Heats 1st run score	To the Semi-final from Heats 2nd run score	To the Final
Men's kayak	30	10	10
Women's kayak	20	10	10



Men's canoe	20	10	10
Women's canoe	20	10	10

Canoe Slalom Team events consist of a single run.

Kayak Cross events consist of Time trials, Quarter-Finals, Semi-finals, and Finals. The best 16 boats from Time trials progress to the Quarterfinals. Progression to the semi-finals and finals is according to the 2023 ICF Canoe Slalom Competition Rules: https://www.canoeicf.com/sites/default/files/2023_canoe_slalom_competition_rule https://www.canoeicf.com/sites/default/files/2023_canoe_slalom_competition_rule

Start order and bibs numbers

Bib numbers for the athletes in Canoe Slalom events will be allocated according to their current ICF Canoe Slalom World Ranking. To the athlete with the highest rank, they will assign bib number '1', to the second best-ranked bib '2', etc. Any athletes without ICF Canoe Slalom World Ranking will be assigned bib numbers by draw. Athletes will start in reverse bib order.

The start order for the Team events is the reverse order, by the National Federation, of the Team event results of the previous European Championships. National Federations which did not participate at the previous European Championships, will be placed at the start of the list and their start order is drawn, by the Technical Delegate.

The start orders and the bib numbers of the athletes in Kayak Cross Time trials will be allocated according to their current ICF Kayak Cross World Ranking. Any athletes without ICF Kayak Cross World Ranking will be assigned bib numbers by draw.

In the Kayak Cross elimination phases athlete bib numbers will be allocated based on their Time trials rank. The athlete with the best rank will receive bib number "1", the second fastest bib '2', etc.





1.9. Competition Rules

Appeals and Protests

Protests and appeals will be carried out in accordance with International Canoe Federation (ICF) Canoe Slalom Rules 2023, which can be found at www.canoeicf.com/sites/default/files/2023_canoe_slalom_competition_rules.pdf

1.10. Clothing and equipment

• Competition Uniforms

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Krakow & Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.

The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

• Out of Competition Clothing

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm2 each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.





1.11. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

NUMBER OF ATHLETES IN NOC DELEGATION	QUOTA FOR NON-MEDICAL LAR
1-10	1
11-20	2
21-50	5
51-100	10
101-150	15
151+	20

*The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

1.12. Doping Control

During the EG2023, an extensive Anti-Doping Control Program will be implemented. In total, 1,200 urine and blood samples are going to be collected, which means that statistically around 17% of Athletes present at the Games will be subjected to doping control. Tests will be carried out in-competition and out-ofcompetition. The Anti-Doping Program will be managed under the auspices of the





International Testing Agency (ITA). Analyses of samples collected during the Games will be carried out in a laboratory accredited by the World Anti-Doping Agency (WADA). In order to ensure high quality, the work of anti-doping controllers will be evaluated by an international team of independent observers appointed by the World Anti-Doping Agency.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be chaperoned to the Doping Control Station.

Where the Athlete already has a TUE granted by their National Anti-Doping Organization or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognize it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine which contains prohibited substances or methods considered as prohibited for medical purposes during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organization that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023.

EOC Anti-Doping Rules are applicable to all athletes competing at the EG2023. All NOCs, Athletes, Athlete Support Personnel and Medical Personnel should be familiar with the EOC Anti-Doping Rules as they cover the applicable procedures for Therapeutic Use Exemptions (TUEs) and athlete whereabouts. The EOC Anti-Doping Rules are available at https://www.eurolympic.org/wp-content/uploads/2019/01/2021-EOC-Anti-Doping-Rules.pdf.

Doping control rules and program

During the EG2023, the World Anti-Doping Code in the amended version, which entered into force on 1 January 2021, and relevant international standards apply. The organizer of the event does not introduce any modifications in this regard.

1.13. Sports Information

Sports Information Center (SIC) is located in Athletes Village. The desk will provide a variety of services for the NOCs as follows:





- the dissemination of General Sports Information;
- the distribution of start lists, draw lists, and results;
- Training Schedule Information for open and pre-allocated training;
- sign up for bookable Training Sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission);
- assistance regarding authorized identifications;
- application for training access passes (TAP);
- schedules of shuttle-bus transfer.

The operating hours are as follows:

Period	Operation Hours
Pre-Opening: from 15 to 17 June 2023	06:00 - 22:00
Official Opening Period: from 18 June to 2 July 2023	06:00 – 22:00

Sports Information Desk (SID) will be available at each Competition Venue while the venue is open and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists, draw lists, and results;
- Training Schedule information for open and pre-allocated training;
- sign up for bookable training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only)





1.14. Competition Schedule

During the Games, there may be delays, postponements, or cancellations of competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website.

For detailed information, please see Appendix 1.

1.15. Weather Information

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rainfalls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, and a windy day is also 33 percent. There's also a 50/50 chance of fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include a forecast for the current day as well as a summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.



2. Competition Venue Information

2.1. Key information

The competition will take place at KOLNA Sports Center.

The distance from Athletes' Village to the Kolna Sports Centre in Krakow is 12 km.

The Venue capacity is 400 spectators at the grandstands and up to 550 (athletes, jury, officials, and guests) at the primary venue area.

In 2003, on the premises of the Kolna Sport and Recreation Centre in Krakow, one of the most modern kayak courses in Europe was constructed. This site is functioning as the Slalom Kayak Continental Training Centre under the auspices of the International Canoe Federation and as the Olympic Preparation Centre of the Polish Canoeing Association.

It is accessible for all participants (athletes, jury, officials, guests) and all kinds of transport needs (cars, buses, trailers, etc.).

KOLNA CANOE SLALOM CANAL

- Length: 250 meters
- Width: 11-14 meters
- Depth: 1,45 meter
- Drop: 4 m

Address: 2 Kolna Street 30-381 Krakow biuro@kolna.pl





2.2. Venue access

During the event, competitors depending on their discipline will be provided with shuttle buses or dedicated cars. The K&MEGOC will provide a regular shuttle service between Athletes' Villages, Main Accreditation Centre, Media and Volunteers Centre, Competition Venues / Training Venues, Official Hotels, airports, and train stations as well. The shuttle service will run every 30-45 minutes and during rush hours every 15-20 minutes. The shuttle service will start operating two days before the first game starts and will end one day after the last game ends at each Sports Venue. On an operating day the shuttle service will start running two hours before the first activities at the venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last game.

K&MEGOC will provide a shuttle service between Kraków and other locations 2-3 times a day, except the route Kraków – Tarnow, where the vehicles will operate more often.

2.3. Field of Play (FoP)

The total length of the course is 500 meters, featuring a roofed warm-up pool (150m), and 250m of competition section with a drop of 4m. The riverbed is 11-14 meters wide and the water flow will be set to 12 m3/s during the competition and during the training sessions.

The Course will be set according to the 2023 ICF Canoe Slalom Competition Rules.

2.4. Venue Services and Facilities

Technical video service

The technical video signal will be provided during the competition days and all demonstration runs. Only a download solution will be available. Each national tent will be equipped with its own download cable. Each NOC needs to bring its own 20m LAN cable.





Athletes' Changing Rooms

Changing Rooms will be provided at the top of the venue in the form of a boxed tent. In this tent, each NOC will have a dedicated space for changing and keeping small items. Toilets will be placed at the beginning and at the end of the course.

Athletes' Refreshments Area

Access to snacks and beverages will be provided to Athletes in the Athletes' Refreshments Areas at the Competition Venue. Snacks and beverages at the Sports Venues will be available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

- on Competition Days: I hour before the first run of the day to 30 mins after the end of the last run
- on official Training Days: 30 mins before the start of the first training session up to 30 mins after the end of the last training session of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues and Athletes' Lounges:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, and oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a vegan option;
- Granola bars;
- Isotonic drinks in bottles of 0.5l or 0.75l.





Services Area

There will be a servicing space designated for the athletes where all kinds of boats and equipment repairs can be carried out. Repairs outside of this area are strictly forbidden considering the hazardous nature of resin chemicals.

Some well-recognised Kayak Slalom boat manufacturers will be present to provide services for athletes.

Equipment Storage

Boat racks are situated at the top of the venue. The rest of the athlete's equipment (paddles, BAs, jackets) can be stored in the NOC tents.

Broadcast Mixed zone and I-Zone

All Competition Venues will include the Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also Interview Zone provided for all the nonrights-holding TV and radio crews.

Doping Control Station

At each Competition Venue, there will be an anti-doping control station, which meets criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms, and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the Athletes and Doping Control Personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

Lost and Found

All reports of lost items at the Venue should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVL.

Medical Services

Medical services will be provided at Competition Venues, Training Sites, and Non-Competition Venues.





The following medical services will be provided at the Venue:

- Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;
- Pedestrian Parts with a Paramedic, Basic Life Support Equipment;
- Medical Aid Points with a doctor or system nurse or paramedic, and Advance Life Support Equipment.

Warm-up Area

Athletes have multiple options for warming up. There is a dedicated warm-up pool at the very beginning of the course where athletes could warm up right before the start. There is also a possibility to use the Vistula river for warming up/cooling down.

Venue Evacuation and Emergency procedures

In the unlikely event of a venue evacuation, a public announcement message will be broadcast within the venue that will provide directions.

On hearing the evacuation message, athlete groups onsite should follow the directions of the K&MEGOC workforce and leave the venue via indicated routes, and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.



3. Team Leaders Information

3.1. Pre-competition Procedures

Team Leaders' Meeting – Monday 26 June at 19:45 in a designated conference room at the Athletes Village

Key personnel present at the team leaders' meeting will include the ECA president, ECA technical delegate, Chief Official, Chief judge, and Competition manager. And Technical Organiser. Each NOC may send a maximum of two people to the meeting. The agenda for the meeting is as follows:

- I. Welcome
- II. Roll Call of Nations
- III. Competition Officials
- IV. Approval of Agenda
- V. Information during the competition (WhatsApp group if permitted)
- VI. Advertising Guidelines
- VII. Start List Review
- VIII. Course Information
 - IX. Draft Schedule
 - X. Demonstration Runs
 - XI. Course approval
- XII. Slalom Race Information
- XIII. Kayak Cross Race Information
- XIV. Key Events during competition
- XV. Venue Accreditation and Security

Appendices for Venue Map, Demonstrator names, and Bib distribution process.





BIBs distribution

Training Bibs will be available at Kolna kayak centre. All the training bibs for a nation need to be returned before the collection of competition bibs.

Competition Bibs will be available at SID on Wednesday, 28 June 2023.

Equipment Control

The equipment control before and during the competition will be set up at the bottom of the field of play and conducted according to the ICF Rules.

The Equipment controller will be checking:

- Equipment compliance with advertising guidelines
- Clothing for compliance with advertising guidelines and ICF Rules
- Boat dimensions (length, width, radius at each end, fins)
- Boat weight
- BAs for rule compliance, marking, and buoyancy
- Helmets for condition and markings as in the ICF Rules

Throughout the official training days, a stand with a calibrated weight and buoyancy cage will be provided to the athletes for self-check.

3.2. Competition Procedures

During the competition, access to the warm-up area will be prioritized for athletes on the warm-up.

Athletes should present themselves for pre-start control approximately 5 minutes before their start time. At pre-start control, officials will check for PFD, helmet, and boat stickers. It is the responsibility of each athlete to ensure all equipment is adequate before the race.

NOC Filming Policy

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area. The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra





attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required.

The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.

3.3. Post-Competition Procedures

Doping Control

Athletes selected for doping control will be notified in person and escorted to the Doing Control Station by a Doping Control Chaperone as soon as possible after the athlete has finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Broadcast Mixed Zone and Flash-Zone

All the Athletes must exit FoP via the Mixed Zone.

All athletes must exit FoP via the Mixed Zone

All venues will include a Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also an interview zone provided for all the non-right TV and radio crews. After the competition or Medal Ceremony, all athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the mixed zone. Team coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview.





After passing through the Mixed Zone, athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the interview zone (outside the mixed zone) or press conference.

Journalists wanting to interview someone will make a request to Press operations volunteers who will escort the athlete. By default, all **three medalists** and all Polish athletes will be accompanied by volunteers for interviews. Press attaches, DCOs, and LANS team members will be able to escort athletes into the Mixed Zone if needed. Once in the Mixed Zone, the athlete will be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same athlete.

The Mixed Zone will be managed by Press Operations volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media 'scrum' is created.

All medalists will be asked to attend a short press conference after the medal ceremony and pass through the mixed zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, athletes will not come back to the FoP.

Result Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website <u>www.european-games.org</u>.

Delivery of printed results information is available only at Competition Venues and time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from <u>www.european-games.org</u>.





Medal Ceremonies

All Medal Ceremonies at the 3rd European Games Krakow-Malopolska 2023 will occur on or next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, they must be handed to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.

No one, but the winners can be awarded medals or allowed to ascend the podium.

Athletes will be required to wear their NOC official uniforms throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3rd European Games Krakow-Malopolska 2023.

Athletes ranked :



- first,
- second,
- and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

Diplomas for the Athletes ranked from 1st to 3rd will be distributed in the AVL NOC Services Centre.



4. Training Information

4.1. Key Information

venue: KOLNA Sport Center - in Krakow distance from the Athletes' Village: 12 km

4.2. Training Information and Regulation

Official training sessions will be organised Tuesday – Wednesday (27 – 28 June).

Tuesday, 27 June 2023	Training Day
07:30-17:30	Official Training
17:30-18:20	Kayak Cross - Official Training
Wednesday, 28 June 2023	Training Day
07:30-15:30	Official Training

For Official training sessions, training schedule will be provided to ensure a fair and even distribution of the slots.

Changing rooms

Each team will have a dedicated tent where storing equipment and changing is possible.

Medical Services

The medical service will be present during the official training days and the competition at the designated spot at the bottom of the course.

It is possible to book training sessions before the official training period further information on this opportunity can be found from:

For information about, and to reserve pre-event training e-mail: <u>biuro@kolna.pl</u>. A pre-event training schedule will be provided on <u>www.kolna.pl</u>





Training access

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).

-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGOC's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day
- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day
- 181-200 athletes 10 TAP per day
- 201-220 athletes 11 TAP per day
- 221-240 athletes 12 TAP per day
- 241-260 athletes 13 TAP per day
- Etc.



4.3. Venue Facilities

- Recreation and Resting Tent for athletes
- Athletes tent with boxes for each NOC
- Warm-up pool
- Toilets at the top and bottom of the FoP
- Food area for spectators
- Grandstand
- Servicing area
- Boat racks
- Medical service area





Appendix 1. Event Competition Schedule

Date	Time	Туре	Competition Phase
		ll be provided by NOC's expenses a onsible for providing 27-28 June tro	-
Monday, 26 -		Arrival Day	
June 2023	19:45-20:45	Team Leaders Meeting	
		Training Day	
Tuesday, 27 ⁻ June 2023 -	07:30-17:30	Official Training	
	17:30-18:20	Kayak Cross - Official Training	
		Training Day	
-	07:30-15:30	Official Training	
-	15:30-17:00	Heats events - Course construc- tion	Heats
Wed- nesday, 28 June 2023	17:05-17:35	Heats events - Course Tuning with demonstration runners	Heats
	17:45-18:01	Heats events - full length demo run & rehearsal #1	Heats
	18:01-18:11	Heats events - Course approval	Heats
-	18:30-18:46	Heats events - full length demo run & rehearsal #2	Heats
		Competition Day 1	
-	09:15-09:19	Forerunners	Heats
-	09:35-10:41	Men's Kayak - 1st Run	Heats
-	10:50-11:35	Women's Kayak - 1st Run	Heats
Thursday,	11:40-12:16	Men's Kayak - 2nd Run	Heats
29 June - 2023 _	12:25-12:50	Women's Kayak - 2nd Run	Heats
-	14:15-14:20	Forerunners	Fina
-	14:35-15:26	Men's Kayak Teams	Fina
-	15:33-16:07	Women's Kayak Teams	Fina
	16:10-16:25	Medals Ceremonies	



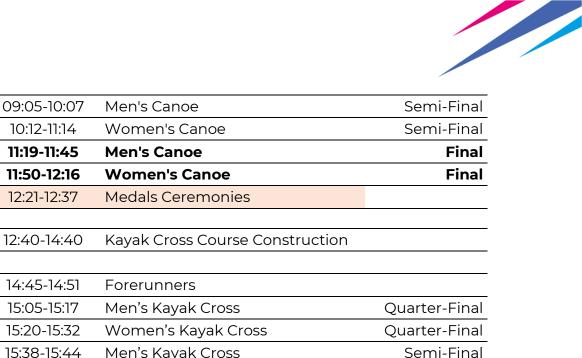


Competition Day 2

	09:15-09:19	Forerunners	Heats
	09:35-10:14	Men's Canoe - 1st Run	Heats
	10:20-11:00	Women's Canoe - 1st Run	Heats
	11:05-11:24	Men's Canoe - 2nd Run	Heats
	11:30-11:50	Women's Canoe - 2nd Run	Heats
	13:15-13:21	Forerunners	Final
	13:30-14:05	Men's Canoe Teams	Final
Friday, 30	14:10-14:37	Women's Canoe Teams	Final
June 2023	14:42-14:54	Medals Ceremonies	
	15:02-16:12	Finals events - Course construc- tion	
	16:17-16:47	Finals events - Course Tuning with demonstration runners	
	16:52-17:08	Finals events - full length demo run & rehearsal #1	
	17:08-17:18	Finals events - Course approval	
	17:37-17:53	Finals events - full length demo run & rehearsal #2	
		Competition Day 3	
	09:35-10:58	Men's Kayak	Semi-Final
	11:03-12:05	Women's Kayak	Semi-Final
	12:10-12:36	Men's Kayak	Final
	12:41-13:07	Women's Kayak	Final
	13:10-13:26	Medals Ceremonies	
Saturday, 1 July 2023			
July 2025	13:26-14:50	Kayak Cross Course Construction	
	14:50-14:54	Forerunners	
	15:00-15:37	Men's Kayak Cross	Time Trials
	15:40-16:17	Women's Kayak Cross	Time Trials
	16:22-17:35	Reinstate Finals Course	

Sunday, 2	Competition Day 4	
July 2023	08:45:08:51	Forerunners





16:13-16:27	Medals Ceremonies	
16:05-16:08	Women's Kayak Cross	Final
15:59-16:02	Men's Kayak Cross	Final
15:47-15:53	Women's Kayak Cross	Semi-Final
15:38-15:44	Men's Kayak Cross	Semi-Final
15:20-15:32	Women's Kayak Cross	Quarter-Final

Departure Day	
Departure Day	





Appendix.2. Venue Map









Organising Commitee