



Technical Manual Canoe Sprint

DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time Website, while any changes to the training schedule will be communicated by the Sport Information Centre in the Athletes Village or Sport Information Desk at the Competition Venue.

Welcome

The 3rd European Games Krakow-Malopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials and about 1,200 Technical Officials from across Europe to participate in elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates.

The Technical Manual also includes details of the relevant venue, medical, antidoping, training and competition related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Krakow-Malopolska 2023 for 12 days of competition that puts sport first and sets a tradition for the European Games.

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Appendixes

1. General Information

Canoe Sprint Competition at the 3rd Europeans Games 2023 will be held from 21 June to 24 June at the Kryspinow Waterway. 288 Athletes will compete in 16 medal events during Canoe Sprint Competition. There will be held European Championship withing EG2023 Canoe Sprint Competition without qualification to Paris 2024.

1.1. Key dates

Date	Event
Sunday, 2 June 2023	Sports Entries Submission Deadline
Sunday, 18 June 2023	Athletes' Village Official Opening
Sunday, 18 June 2023	Arrival day
Monday, 19 June 2023	Start of Official Training
Wednesday, 21 June 2023	EG2023 Opening Ceremony
Wednesday, 21 June 2023	Start of the Competition
Saturday, 24 June 2023	End of the Competition
Sunday, 25 June 2023	Departure Day
Monday, 26 June 2023	Departure Day
Sunday, 2 July 2023	EG2023 Closing Ceremony
Tuesday, 4 July 2023	Athletes' Village Official Closing

1.2. Competition Management

Position	Name	
Canoe Sprint Competition Manager	Michal KUDLA	
Canoe Sprint Venue Manager	Ewa TRUSZKOWSKA	

1.3. European Canoe Association

Position	Name	NOC Code
ECA President	Jean ZOUNGRANA	FRA
ECA Secretary General	Branko LOVRIC	CRO
ECA Technical Delegate	Jovana STANOJEVIC	SRB

1.4. International Technical Officials (ITOs)

Chief Official	Jovana STANOJEVIC	SRB

The total number of ITOs is 29.

Position	Name	NOC Code
ECA Board	Peter KARAI	HUN
ECA Board	Geir KVILLUM	NOR
Jury	Miroslav HAVIAR	SVK
Jury	Andrej JELENC	SLO
Jury	Ruud HEIJSELAAR	NED
Chief Judge	Michel LETIENNE	FRA
Deputy Chief Judge	Marika DOGNEROVA	CZE
Deputy Chief Judge	Cathy WYNNE	GBR
Photo Finish Judge	Marian SARBU	BEL

Photo Finish Judge	Ana VIEIRA	POR
Chief Finish Line Judge	Ivana SESUM	SRB
Finish Line Judge	TBD	
Starter	Ilias KONSTANTINIDIS	GRE
Starter	Marek MAZUR	CZE
Starter	Oscar SOARES	POR
Course Umpire/Aligner	Toth GHEORGHE	ROU
Course Umpire/Aligner	Monika WEIXL	HUN
Course Umpire/Aligner	Ilhan Serif AYKAC	TUR
Course Umpire/Aligner	Colette IRIGOYEN	FRA
Course Umpire/Aligner	Per SPEJDER LARSEN	DEN
Course Umpire/Aligner	Barbara VAZQUEZ TORRES	ESP
Boat Control	Karl HAUCK	GER
Boat Control	Michel HENNION	FRA
Boat Control	Stefano ZSIGMOND	ITA
Boat Control	Anzhela DYACHENKO	UKR
Boat Control	Leszek IZDEBSKI	POL
Boat Control	Malgorzata PETRYNA	POL
Media Officer	Nina JELENC	SLO
Anti Doping & Medical Officer	Jane GIBSON	GBR

1.5. National Technical Officials (NTOs)

The total number of NTOs is 5.

Position	Name
Post-Race Boat Control	Jacek MARCINKOWSKI
Self-Boat Control	Robert KACZMAREK
Boat Numbers Distribution	Marek MARCINKOWSKI
Sport Information Desk	Agnieszka BANAS
Finish Line Judge	TBD

1.6. Medal Events

Canoe Sprint European Games Krakow 2023 competition will consist of 16 events.

Men's Event (7)	Women's Event (7)
Kayak Single (K1) 200m	Kayak Single (K1) 200m
Kayak Single (K1) 500m	Kayak Single (K1) 500m
Kayak Double (K2) 500m	Kayak Double (K2) 500m
Kayak Four (K4) 500m	Kayak Four (K4) 500m
Canoe Single (C1) 200m	Canoe Single (C1) 200m
Canoe Single (C1) 500m	Canoe Single (C1) 500m
Canoe Double (C2) 500m	Canoe Double (C2) 500m

Mixed Events (2)	
Canoe Double (C2) Mixed 200m	
Kavak Double (K2) Mixed 200m	

1.7. Competition Format

The competition will be held according to the ICF Canoe Sprint Competition Rules 2023 system of division with heats, semi-finals, and finals A and B.

BOATS	SYSTEM	HEATS	SEMI-FINALS	FINALS
10-18	Α	2 x 9	1 x 9	A:1x9
		1st -3rd to Final	1st -3rd to Final	
		4th -7th + 1x8th BT to	rest out	
		SF		
		rest out		
19-27	В	3 x 9	2 x 9	A:1 x 9
		1st to Final A	1st -3rd to Final A	B:1 x 9
		2nd -7th to SF	4th -7th + 1x8th BT to Fi-	
		rest out	nal B	
			rest out	
28-36	С	4 x 9	3 x 9	A:1x9
		1st -6th + 3x7th BT to	1st -3rd to Final A	B:1 x 9
		SF	4th -6th to Final B	
		rest out	rest out	

1.8. Competition Rules

The competition will be held according to ICF Canoe Sprint Competition Rules 2023 which is available at www.canoeicf.com/rules

Appeals and Protests

Protests and Appeals will be considered according to ICF 2023 CSP RULES.

https://www.canoeicf.com/sites/default/files/2023_icf_competition_rules_canoe_sprint_final_0.pdf

1.9. Clothing and Equipment

Competition Uniforms

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Krakow & Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.

The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

Out of Competition Clothing

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm2 each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

BIB Numbers

BIB Numbers will be provided by OC and will be available at the SID. In case of a missing number go directly to Competition Committee. Every competitor must have a personal BIB Number during all competitions.

The number should be placed on the competitor's back. The whole number must be visible and no part of the BIB Number can be obscured.

1.10. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

NUMBER OF ATHLETES IN NOC DELEGATION	QUOTA FOR NON-MEDICAL LAR
1-10	1
11-20	2
21-50	5
51-100	10
101-150	15
151+	20

^{*}The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

1.11. Doping Control

During the EG2023, an extensive Anti-Doping Control Program will be implemented. In total, 1,200 urine and blood samples are going to be collected, which means that statistically around 17% of Athletes present at the Games will be subjected to doping control. Tests will be carried out in competition and out of competition. The Anti-Doping Program will be managed under the auspices of the International Testing Agency (ITA). Analyses of samples collected during the Games will be carried out in a laboratory accredited by the World Anti-Doping Agency (WADA). In order to ensure high quality, the work of anti-doping controllers will be evaluated by an international team of independent observers appointed by the World Anti-Doping Agency.

EOC Anti-Doping Rules are applicable to all athletes competing at the EG2023. All NOCs, Athletes, Athlete Support Personnel, and Medical Personnel should be familiar with the EOC Anti-Doping Rules as they cover the applicable procedures for Therapeutic Use Exemptions (TUEs) and athlete whereabouts. The EOC Anti-Doping Rules are available at https://www.eurolympic.org/wp-content/uploads/2019/01/2021-EOC-Anti-Doping-Rules.pdf.

Doping Control Rules and Program

During the EG2023, the World Anti-Doping Code in the amended version, which entered into force on 1 January 2021, and relevant international standards apply. The organizer of the event does not introduce any modifications in this regard.

1.12. Sports Information

Sports Information Center (SIC) is located in Athletes Village. The desk will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of start lists and results;
- Training Schedule Information for open and pre-allocated training;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission);

- assistance regarding authorised identifications;
- schedules of shuttle-bus transfer.

The operating hours are as follows:

Period	Operation Hours
Pre-Opening: from 15 to 17 June 2023	06:00 – 22:00
Official Opening Period: from 18 June to 2 July 2023	06:00 – 22:00

The sports Information Desk (SID) will be available at each Competition Venue while the venue is open and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists and results;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only).

1.13. Competition Schedule

During the Games, there may be delays, postponements, or cancellations of competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website www.european-games.org
For detailed information, please see Appendix 1.

1.14. Weather Information

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average

daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rainfalls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, and a windy day is also 33 percent. There's also a 50/50 fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include a forecast for the current day as well as a summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.

2. Competition Venue Information

2.1. Key information

Venue

The Canoe Sprint regatta will take place at the Kryspinow Waterway on Reservoir "On The Sands" Kryspinow. It is located approx. 12 km from European Games Krakow 2023 Athletes' Village. Travel time is 40 minutes.

The capacity of the venue is 1'200 seats.

2.2. Venue Access

During the competition, athletes depending on their discipline will be provided with shuttle buses or dedicated cars. The K&MEGOC will provide a regular shuttle service between Athletes' Villages, the Main Accreditation Centre, the Media and Volunteers Centre, fields of play, training venues, official hotels, the airport, and the train station as well. The shuttle service will run every 30-45 minutes and during rush hours every 15-20 minutes. The shuttle service will start operating two days before the first race starts and will end one day after the last race ends at each sports venue. On an operating day the shuttle service will start running two hours before the first activities at the venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last race.

K&MEGOC will provide a shuttle service between Kraków and other locations 2-3 times a day, except the route Kraków – Tarnow, where the vehicles will operate more often.

Boat Delivery

NOCs planning to arrange their own boat transportation are aware of responsibility for the logistics plans for movement of boats from point of embarkation to the Competition Venue and all associated costs and movement arrangements.

In a case of self-boat delivery NOCs should provide Organising Committee with approximate time of delivery via email: **noc.services@ie2023.pl** and apply for vehicle entrance pass via registration in online form: https://forms.of-fice.com/e/bfwWdf5prq

2.3. Field of Play (FoP)

Canoe Sprint will take place at Kryspinow Waterway, GPS 50°02'45,9"N 19°47'54,7"E

Kryspinow Waterway is located on the "Piaski" reservoir, once known as 'Kryspinow', which is a large area with water and sand well known for water recreation.

Canoe Sprint will be held on a 500m regatta course, equipped with 9 lanes of 9 m width marked with Albano System, two start lines on 200m and 500m with automatic starting systems, and one automatic intermediate time system at 250m. The depth of the lake is around 8-9 m, with its deepest point at about 12 meters.

2.4. Boat Control

At the venue, there will be two (2) boat control points.

Self-Boat Control

Self-Boat Control point is available all the time during Venue Opening hours from 19 June until 24 June. It is located in the Athletes' Area near boat racks and it is equipped with a scale.

Post-Race Boat Control

Post-Race Boat Control is located after the finish line on the shore of the lake. Boat Controllers will check boats after all Heats, Semi-Finals, and Finals. At least three (3) boats will be selected from the participants in the races for boat control after the finish. Athletes will be called by boat numbers. Selected boats numbers will be also visible on the screen.

2.5. Venue Services and Facilities

Athletes' Area

This is an area of tents located at the Kryspinow Watherway. Each NOC will have dedicated tent(s) in Athletes' Area. Number of dedicated tens for each NOC will depend on the number of its Athletes.

Athletes' Refreshment Area

Access to snacks and beverages will be provided to Athletes in the Athletes' Areas of the Competition Venues. Snacks and beverages at the sports venues will be

available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

on Competition Days 1h before the start of the first race to 30 mins after the end of the last race

on official Training Days: 0.5 hours before the start of the first training up to 30 mins after the end of the last training of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, and oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a vegan option;
- Granola bars;
- Isotonic drinks in bottles of 0.5l or 0.75l.

Broadcast Mixed Zone and I-Zone

All Competition Venues will include the Mixed Zone separated between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also Interview Zone provided for all the non-right TV and radio crews.

ID Control

Competitors who are going to the start must appear on ID Control which is located near boat racks in the Athletes' Area. Before entering the ID Control Athletes must collect Boat Numbers according to the start list. Boat Numbers are available nearby the ID Control tent.

Doping Control Station

At each Competition Venue, there will be an anti-doping control station, which meets the criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms, and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the athletes and doping control personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

Lost and Found

All reports of lost items at the Venue should be delivered and directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVL.

Medical Services and Facilities

Medical services will be provided at Competition Venues, Training Sites, and Non-Competition Venues.

The following medical services will be provided at the Venue:

Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;

Pedestrian Parts with a Paramedic, Basic Life Support Equipment;

Medical Aid Points with a doctor or system nurse or paramedic, and Advance Life Support Equipment.

Boat Storage

For Athletes who require boat storage at Kryspinow Watherway, open-air boat racks will be provided at the Venue during the training and competition period. Teams should unload boats onto the racks.

Rental and Repare Services

If NOCs cannot bring their own boats then there will be support from supplier(s) and/or manufacturer(s), who will make available boats for Athletes to use during

the competition period. There are will be NELO, Plastex and Vajda boat suppliers, also Jantex and Braca puddle suppliers at the Venue.

The rental of boats from supplier(s) and/or manufacturer(s) will include full service and support to the competing Athletes. For arranging rental details NOCs should directly contact supplier(s) and/or manufacturer(s).

Warm-Up Area

Athletes may access the water on warm-up at the Competition Venue by two pontoons which are located near boat racks. The Warm-Up Area is located behind the 500m start line of the regatta course. It is forbidden to train during competition days in parallel to the regatta course.

After the finish of the race, all Athletes are obligated to return to the Athletes Area according to the designated way.

Venue Evacuation and Emergency procedures

In the unlikely event of a venue evacuation, a public announcement message will be broadcasted within the venue that will provide directions.

On hearing the evacuation message, athlete groups onsite should follow the directions of the K&MEGOC workforce and leave the venue via indicated routes, and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.

2. Team Leaders Information

3.1. Pre-competition Procedures

Team Leaders' Meeting

Date: Tuesday, 20 June 2023

Time: 13:00

Location: Athlete's Village, Adam Mickiewicz alley, Krakow, Poland

Technical Delegate, Technical Officials, K&MEGOC Canoe Sprint Competition Manager, and Venue Manager will preside over the meeting.

A maximum of two representatives from each NOC can attend to Teams Leader Meeting.

3.2. Competition Procedures

NOC Filming Policy

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area. The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required.

The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.

ID Control and Starting Procedures

Competitors who are going to the start must appear on ID Control which is located must collect Boat Numbers according to the start list. Boat Numbers are available nearby the ID Control tent.

Athletes must be onto the water at the starting area, not less than three (3) minutes prior to the specified start time of their race. The starting area is defined as the area of water within 100 meters of the Start Line.

3.3. Post-Competition Procedures

Doping Control

Athletes selected for doping control will be notified in person and escorted to the Doing Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Broadcast Mixed Zone and Flash-Zone

All the Athletes must exit FoP via the Mixed Zone

After the competition or Medal Ceremony, all the Athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the Mixed Zone. Team Coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, Athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the Interview Zone (outside the Mixed Zone) or press conference.

Journalists wanting to interview someone would make a request to Press Operations Volunteers who will escort the athlete. By default, all three medalists and all Polish Athletes will be accompanied by volunteers for interviews. Press Attaches, DCOs, and LANS Team members will be able to escort Athletes into the Mixed Zone if needed. Once in the Mixed Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same Athlete.

The Mixed Zone will be managed by Press Operations Volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media 'scrum' is created.

All the medalists will be asked to attend a short press conference after the Medal Ceremony and pass through the Mixed Zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, athletes will not come back to the FoP.

Result Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website www.european-games.org.

Delivery of printed results information is available only at Competition Venues and time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the <u>www.european-games.org</u> website.

Medal Ceremonies

All Medal Ceremonies at the 3rd European Games Krakow-Małopolska 2023 will occur on or next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia with the exception of the Games' mascots.

Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements will not be allowed on the podium. If any Athlete is in possession of any of these items, the latter is handed to the Medal Ceremonies Manager for the duration of the Ceremony.

During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.

No one, but the winners can be awarded medals or allowed to ascend the podium.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be chaperoned to the Doping Control Station.

Athletes will be required to wear their NOC official uniform throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit and appropriate footwear with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3rd European Games Krakow-Małopolska 2023.

Athletes ranked:

- o first,
- o second,
- o and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

The rewarding the prize-winners goes as follows:

The ceremony begins with the medal(-s) and the mascot(-s) awarded to the Athlete (team) ranked third.

The national anthem of the gold medalist is played, the national flags of the prizewinners will appear electronically on the led display. While the anthem is played over, the medalists remain on the podium **facing the led display with the electronic Flags view**.

Diplomas for the Athletes ranked from 1st to 3rd will be distributed in the AVL NOC Services Centre.

3. Training Information

4.1. Key Information

Training on the regatta course on Kryspinow Waterway will available as follow:

DATE	HOURS	
19 June 2023	9.00-19.00	
20 June 2023	9.00-19.00	
21 June 2023	Competition	
22 June 2023	Competition	
23 June 2023	Competition	
24 June 2023	Competition	

Training on the start line will be available 20 June as follow:

20 June 2023

10.00-12.00	Start line 500m		
15.00-17.00	Start line 200m		

4.2. Training Information and Regulation

Training for the Canoe Sprint competition will take place at the regatta course. The venue will be open for official training from 19 June to 20 June 2023.

It is possible to have Unofficial Training in Arrival day 18 June 2023. OC does not provide any services and support for Unofficial Training. NOCs take all responsibility for organising transfer, meals, medical support and etc. for their teams during Unofficial Training.

Training access:

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).

-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGOC's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day
- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day
- 181-200 athletes 10 TAP per day
- 201-220 athletes 11 TAP per day
- 221-240 athletes 12 TAP per day
- 241-260 athletes 13 TAP per day
- Etc.

Appendix 1. Canoe Sprint Competition Schedule

Date	Time	Type	Phase
Sunday, 18 June 2023		Arrival Day	
Monday, 19 June 2023	9:00-19:00	Training Day	
Tuesday, 20 June 2023	9:00-19:00	Training Day	
Wednesday, 21 June 2023		Competition Day 1	
2023			
Morning session	9:00-11:30	Women's K4 500m	Heats
		Men's K4 500m	Heats
		Women's C2 500m	Heats
		Men's C2 500m	Heats
		Women's K2 500m	Heats
		Men's K2 500m	Heats
Afternoon session	15:30-16:50	Women's K4 500m	Semi-final
		Men's K4 500m	Semi-final
		Women's C2 500m	Semi-final
		Men's C2 500m	Semi-final
		Women's K2 500m	Semi-finals
		Men's K2 500m	Semi-finals
Thursday, 22 June 2023		Competition Day 2	
Morning session	9:00-10:10	Men's Cl 200m	Heats
		Women's C1 200m	Heats
		Men's K1 200m	Heats
		Women's K1 200m	Heats
Afternoon session	14:00-17:21	Men's C2 500m	Final
		Women's C2 500m	Final
		Men's K2 500m	Final B
		Men's K2 500m	Final A
		Women's K4 500m	Final
		Medal Ceremonies	

		Men's Cl 200m	Semi-finals
		Women's C1 200m	Semi-final
		Men's K1 200m	Semi-finals
		Women's K1 200m	Semi-finals
		Mixed C2 200m	Heats
		Mixed K2 200m	Heats
Friday, 23 June 2023		Competition Day 3	
Morning session	9:00-10:40	Women's K1 500m	Heats
		Men's K1 500m	Heats
		Women's C1 500m	Heats
		Men's C1 500m	Heats
Afternoon session	14:00-18:07	Women's K2 500m	Final B
		Women's K2 500m	Final A
		Men's K4 500m	Final
		Medal Ceremonies	
		Women's K1 200m	Final B
		Women's K1 200m	Final A
		Men's K1 200m	Final B
		Men's K1 200m	Final A
		Women's Cl 200m	Final
		Men's Cl 200m	Final B
		Men's C1 200m	Final A
		Medal Ceremonies	
		Women's K1 500m	Semi-finals
		Men's K1 500m	Semi-finals
		Women's C1 500m	Semi-linais Semi-final
		Men's C1 500m	Semi-finals
		Mixed K2 200m	Semi-final
		Mixed C2 200m	Semi-final

Saturday, 24 June 2023		Competition Day 4	
Early afternoon session	12:00-14:55	Women's K1 500m	Final B
		Women's K1 500m	Final A
		Men's K1 500m	Final B
		Men's K1 500m	Final A
		Women's C1 500m	Final
		Men's C1 500m	Final B
		Men's C1 500m	Final A
		Medal Ceremonies	
		Mixed K2 200m	Final
		Mixed C2 200m	Final
		Medal Ceremonies	
Sunday, 25 June 2023		Departure Day	
Monday, 26 June 2023		Departure Day	

Appendix.2. Venue Map







KRAKÓW MAŁOPOLSKA
EG 2033

Brd European Games

Organising Commitee