



# Technical Manual Rugby 7

#### DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities, and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time Website, while any changes to the training schedule will be communicated by the Sports Information Centre in the Athletes' Village.

#### Welcome

The 3rd European Games Krakow-Małopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials, and about 1,200 Technical Officials from across Europe to participate in elite-level sports competitions.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule, and key dates.

The Technical Manual also includes details of the relevant venue, medical, antidoping, training, and competition-related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Krakow-Małopolska 2023 for 12 days of competition that put sport first and sets a tradition for the European Games.

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# 1. General Information

The Rugby Sevens Competition at Krakow – Małopolska 2023 will be held from 25 June to 27 June at Henryk Reyman Stadium.

A maximum of 312 Athletes, 156 men, and 156 women can participate in the Rugby Sevens Competition.

The winner of the female and male tournaments will gain automatic qualification for Paris 2024, while second and third place in both tournaments will qualify for the repechage tournament.

# 1.1. Key dates

Date	Event
2 June 2023	Sports Entries submission deadline
18 June 2023	Athletes' Village official opening
21 June 2023	EG2023 Opening Ceremony
22 June 2023	Arrival day of Rugby Sevens teams
24 June 2023	Official Training Day
24 June 2023	Technical Meeting
25 June 2023	Start of the Competition
27 June 2023	End of the Competition
28 - 29 June 2023	Departure day of Rugby Sevens teams
2 July 2023	EG2023 Closing Ceremony
4July 2023	Athletes' Village official closing

# 1.2. Competition Management

Position	Name	
Rugby Sevens Competition Manager	Krzysztof Czajka	
Rugby Sevens Venue Manager	Florentyna Kulig	

# 1.3. Rugby Europe (RE)

Position	Name	NOC Code
President	Octavian Morariu	ROM
Secretary General	Gilbert Celli	SMR
Rugby Europe CEO	Florent Marty	FRA
Technical Delegate World Rugby	Douglas Langley	DEN
Technical Delegate Rugby Europe	Philippe Tuccelli	FRA

# 1.4. International Technical Officials (ITOs)

The total number of ITOs is 36.

Position	Nar	me	NOC Code
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		
International Technical Officials	TBD		

International Technical Officials	TBD
International Technical Officials	TBD

# 1.5. National Technical Officials (NTOs)

The total number of NTOs is 30.

Position	Name
National Technical Officials	TBD

National Technical Officials	TBD	
National Technical Officials	TBD	
National Technical Officials	TBD	

#### 1.6.Medal Events

Men's Events (1)	Women's Events (1)
Team	Team

# 1.7 Competition Format

The Rugby Sevens competition consists of women's and men's events with twelve teams in each, and the same competition format and rules apply to both. Each event consists of two phases, the pool round, and the knock-out round.

The duration of matches is fourteen minutes - seven minutes each half with a two-minute half-time interval when the teams change ends. In case of extra time (knock-out games), it is played in periods of five minutes after a break of two minutes, during which the referee organizes a toss with the team managers to decide which team will kick off from which end. The team which scores first in extra time will immediately be declared the winner without further play. If additional periods of extra time are required, teams change ends without an interval.

# 1.8. Competition draw

The final pool seedings, competition draw, and match schedule will be announced and published after the Rugby Europe Sevens tournaments (Championship and Trophy) between the 7June and 18 June, 2023.

Teams will be seeded from 1 to 12, and pool phase seeding will be as follows:

POOL A	POOL B	POOL C
A1 – Seed 1	B1 – Seed 2	C1 – Seed 3
A2 – Seed 6	B2 – Seed 5	C2 – Seed 4
A3 – Seed 7	B3 – Seed 8	C3 – Seed 9
A4 – Seed 12	B4 – Seed 11	C4 – Seed 10

Type of competition:

#### **Pool round**

Teams are placed into three pools of four teams and play each other once - three matches per team, six matches in each pool. Match points are awarded to teams after each pool match as follows:

Win = 3 points

Draw = 2 points

Loss = 1 point

No show = 0 points

#### **Knock-out round**

Following the completion of the pool round, the following rules are used to populate the knock-out round brackets:

- 1. Teams are ranked in their pool according to their total number of match points
- 2. If two teams have equal total match points, the winner of the match involving those two teams will be ranked higher
- 3. If the match between the two teams was a draw, or if three or four teams have equal total match points, the following criteria will determine pool ranking:
  - points margin
  - tries margin
  - points for
  - tries for
  - Coin toss

The top two teams in each pool (A1, B1, C1, A2, B2, C2) are placed in pre-determined slots in the knock-out round brackets.

The three teams finishing 3rd in their pools are ranked 7, 8, and 9 in a combined ranking list using the following criteria:

- total match points
- points margin
- tries margin
- points for
- tries for
- Coin toss

The three teams finishing 4th in their pools are ranked 10, 11, and 12 in the same combined ranking list using the same criteria.

The quarter-final brackets are set as follows:

- A1 v 8
- B2 v C2
- C1 v A2
- B1 v 7

Winners of the quarter-final matches proceed to the semi-finals, and the losers to placing matches 5-8, while winners of the semi-finals proceed to the gold medal match, and the losers go to the bronze medal match.

The teams ranked 9, 10, 11, and 12 play in the placing 9-12 bracket, and the matches are set out as follows:

- 9 v 12
- 10 v 11
- The winners then play for placing 9-10 and the losers for placing 11-12

#### 1.8.1 Team Events

Competition phases:

Men's Pool A	Women's Pool A
Men's Pool B	Women's Pool B
Men's Pool C	Women's Pool C
Men's Quarter-finals	Women's Quarter-finals

Men's Placing 5-8	Women's Placing 5-8
Men's Placing 9-12	Women's Placing 9-12
Men's Semi Finals	Women's Semi-Finals
Men's Finals	Women's Finals

# 1.9. Competition Rules

The Rugby Sevens competition will be played following the editions of the following documents that are in force at the time of the Games:

WR Laws of the Game <a href="https://www.world.rugby">https://www.world.rugby</a>

WR Regulations Relating to the Game <a href="https://www.world.rugby/regulations">https://www.world.rugby/regulations</a>

Olympic rules of players' eligibility apply as European Games are a qualification process for the Olympic Games Paris 2024.

In accordance with the EOC agreement, Rugby Europe will be responsible for the technical control and direction of the Rugby Sevens competition at European Games Krakow – Malopolska 2023.

#### **Appeals and Protests**

Protests and appeals will be carried out in accordance with World Rugby Rules, which can be found at <a href="https://www.world.rugby/regulations">https://www.world.rugby/regulations</a>

# 1.10. Clothing and equipment

#### Competition Uniforms

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Kraków & Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.

The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

#### Out of Competition Uniforms

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm2 each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

# 1.11. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures\* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

NUMBER OF ATHLETES IN NOC DELEGATION	QUOTA FOR NON-MEDICAL LAR
1-10	1
11-20	2
21-50	5
51-100	10
101-150	15

151+ 20

\*The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

# 1.12. Doping Control

Athletes selected for doping control will be notified in person and escorted to the Doing Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Where the Athlete already has a TUE granted by their National Anti-Doping Organisation or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognise it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine that contains prohibited substances or methods considered prohibited for medical purposes during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organisation that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023.

# 1.13. Sports Information

Sports Information Center (SIC) is located in the Athletes' Village and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of start lists, draw lists, and results;
- Training Schedule Information for open and pre-allocated training; sign up for bookable Training Sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission);
- assistance regarding authorised identifications;
- application for training access passes (TAP);
- schedules of shuttle-bus transfer.

The operating hours are as follows:

Period	Operation Hours		
Pre-Opening: from 15 to 17 June 2023	06:00 – 22:00		
Official Opening Period: from 18 June to 2 July 2023	06:00 – 22:00		

Sports Information Desk (SID) will be available at each Competition Venue while the venue is open and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists, draw lists, and results;
- training Schedule information for open and pre-allocated training;
- sign up for bookable training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only)

# 1.14. Competition Schedule

During the Games, there may be delays, postponements, or cancellations of competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website:

#### www.european-games.org

For detailed information, please see Appendix 1.

#### 1.15. Weather Information

At the end of June, the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average daily temperature of 25°C (around 65°F). The highs for the month reach 25°C (about 77°F), and the lows drop down to 12°C (about 54°F).

There are rainfalls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, and a windy day is also 33 percent. There's also a 50/50 fog.

Information will be available at SIC in AVL and SID at the Venue for sports directly impacted by weather conditions. This will include a forecast for the current day and a summary forecast for up to three days in advance. The weather forecast will be regional and updated throughout the day as required.

# 2. Competition Venue Information

The Rugby Sevens competition will be held at Henryk Reyman Stadium, a multipurpose venue. It was opened in May 1953 and is home to the Polish professional football team Wisla Krakow, one of the most titled clubs in Polish football history. The stadium is also well known for hosting events such as concerts, amp football games, and being chosen to host the 2022 Rugby Europe Championship Series.

For European Games 2023, the venue will also be used for the Opening and Closing ceremonies.

# 2.1. Key information

Venue: Henryk Reyman Stadium, 20 Reymonta Street, 30-059 Krakow

Distance (km) from the Athletes' village: 600 m

Venue capacity: 5000

#### 2.2. Venue access

#### **Transport**

Participating teams will not have buses for their own use as the field of play is very close to the Athletes Village; we will provide a Shuttle service for teams to the field of play.

#### Pick-up and drop-off zones

There is a designated pick-up area from where transport to the sports facilities will be available and a drop-off area from where arriving participants will be directed to the AVLs

# 2.3. Field of Play (FoP)

The length of the Field of Play is 94 meters with two six meters try areas, one on each side. The width of the Field of Play is 68 meters. There is a 5m run-off from the playing area. There will be two areas for each team's staff and subs. One is near the tribune with seats, and the second is near the pitch without seats. The exact conditions for staff and subs to access both areas will be set at the Team Leaders' Meeting.

#### 2.4. Venue Services and Facilities

## **Athletes' Changing Rooms**

Athletes' Changing Rooms will be located in an air-conditioned tent nearby the Tournament Venue. Each participating team will have its own locked and furnished (chairs and tables) changing room.

#### Athletes' Refreshment Area

Access to snacks and beverages will be provided to Athletes in the Athletes' Areas of the Competition Venues. Snacks and beverages at the sports venues will be available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

- on Competition Days 1h before the start of the first game to 30 mins after the end of the last game
- on official Training Days: 0.5 hours before the start of the first training up to
   30 minutes after the end of the last training of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues and Athletes' Lounges:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, and oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a vegan option;
- Granola bars;
- Isotonic drinks in bottles of 0.5l or 0.75l.

#### **Broadcast Mixed zone and I-Zone**

All Competition Venues will include the Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and

Games News Service. There will be also Interview Zone provided for all the non-right TV and radio crews.

#### **Call Room Area**

The call room area is located right before the entry tunnel to the FoP. Teams need to appear in the call room 2 minutes before kickoff time at the latest.

## **Doping Control Station**

At each Competition Venue, there will be an anti-doping control station, which meets the criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms, and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the athletes and doping control personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

#### Lost and Found

All reports of lost items at the Venue should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVI.

#### **Medical Services and Facilities**

Medical services will be provided at Competition Venues, Training Sites, and Non-Competition Venues.

The following medical services will be provided at the Venue:

- Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;
- Pedestrian Parts with a Paramedic, Basic Life Support Equipment;
- Medical Aid Points with a doctor or system nurse or paramedic, and Advance
   Life Support Equipment.

## Sport Information Desk (SID)

The sport Information Desk (SID) will be available at each Competition Venue while the venue is open and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists, draw lists, and results;
- Training Schedule information for open and pre-allocated training;
- sign up for bookable training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only).

#### Warm-up Area

The Warm-Up area will be located at the training site, next to the tents with teams' dressing rooms, located nearby out of the Henryk Reyman Stadium. It will take approximately 4-5 minutes to access the Field of Play (FoP) from there. The warm-up area will be open 1h and 30 mins before the first game and will remain open until the beginning of the last game of the day.

- Venue Evacuation and Emergency procedures
- Ice

Ice will be available to each team during 3 days of the tournament. The limit of ice for a team is 10 kg per day. The team representative will be able to pick up ice from the ice station.

#### Laundry

The LOC will arrange the laundry service for up to 2 Playing Shirts, 2 Pairs of Playing Shorts, and 2 Pairs of Playing Socks per player on the evening following Day 1 and Day 2 of the Tournament. Laundry bags will be delivered to team dressing rooms each day. Teams will leave full, closed, signed bags in front of the dressing room before they leave the venue after their last game of the day. Laundry will be delivered the following morning and put in front of the team dressing room.

# 3. Team Leaders Information

# 3.1. Pre-competition Procedures

Team Leaders' Meeting

Date: 24<sup>-</sup> June 2023

Time: 19:30

Location: Athletes village, exact place TBD

The meeting will be conducted by: Technical Delegate and Competition Manager, assisted by Venue Manager, Tournament Medical Officer, and Referee Manager.

# 3.2. Competition Procedures

## **NOC Technical Filming**

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area.

The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required.

The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.

#### Warm-up

The Warm-Up area will be located at the training site, next to areas with dressing rooms, located nearby out of the Henryk Reyman Stadium. It will take approximately 4-5 minutes to access Field of Play (FoP) from there. The warm-up area will be open 1h and 30 min before the first game and will remain open until the start of the last game of the day.

## **Call Room procedures**

The call room area is located right before the entry tunnel to the FoP. Teams need to appear in the call room 2 minutes before kickoff time at the latest and 5 minutes at the earliest.

#### **Medical Service**

#### Competition venue medical services

Medical facilities will be provided at all competition venues. Athlete and spectator medical stations will be stocked with the appropriate equipment, supplies, and medication and will be staffed by experienced medical staff. Ambulance units will be stationed at all competition venues during the competition period. Medical services will generally be available when athletes, team officials, and technical officials arrive at the venue until they leave.

#### Field-of-Play response

Field of Play response teams will provide first aid and emergency services to athletes and officials on the FOP should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete's medical station or designated Games hospital as appropriate.

# 3.3. Post-Competition Procedures

## **Doping Control**

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

#### **Broadcast Mixed Zone and Flash-Zone**

All the Athletes must exit FoP via the Mixed Zone.

After the competition or Medal Ceremony, all the Athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the Mixed Zone. Team Coaches that are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, Athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the Interview Zone (outside the Mixed Zone) or press conference.

Journalists wanting to interview someone would make a request to Press Operations Volunteers who will escort the athlete. By default, all three medalists and all Polish Athletes will be accompanied by volunteers for interviews. Press Attaches, DCOs, and LANS Team members will be able to escort Athletes into the Mixed Zones, if needed. Once in the Mixed Zone, the Athlete would be interviewed by the press member who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it will be exclusive, meaning one (1) or two (2) journalists might want to interview the same Athlete.

The Mixed Zone will be managed by Press Operations Volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media 'scrum' is created.

All the medalists will be asked to attend a short press conference after the Medal Ceremony and pass through the Mixed Zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, athletes will not come back to the FoP.

#### **Result Distribution**

Competition- related information for all sports, including results reports, will be available on the Games-time website <a href="https://www.european-games.org">www.european-games.org</a>.

Delivery of printed results information is available only at Competition Venues and time- critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all result will be compiled in PDF files and will be available for downloading from the <a href="https://www.european-games.org">www.european-games.org</a>.

#### **Medal Ceremonies**

All Medal Ceremonies at the 3<sup>rd</sup> European Games Krakow-Małopolska 2023 will occur next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, the latter is handed to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.

No one, but the winners can be awarded medals or allowed to ascend the podium.

Athletes will be required to wear their NOC official uniform throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony. During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3<sup>rd</sup> European Games Krakow-Malopolska 2023.

Athletes (teams) ranked:

- o first,
- o second,
- o and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

Diplomas for the Athletes ranked from 1<sup>st</sup> to 3<sup>rd</sup> will be distributed in the AVL NOC Services Centre.

# 4. Training Information

# 4.1. Key Information

There will be two locations available for training sessions; both are next to each other.

I. RzKS Juvenia Krakow

Address: 7 Na Błoniach, 30-213 Krakow

Distance from the Athletes' Village: 2,5km by bus, 1km on foot

**II.** Zwierzyniecki Klub Sportowy (Zwierzyniecki Sports Club)

Address: 1 Na Błoniach, 30-213 Krakow

Distance from the Athletes' Village: 2,5km by bus, 1km on foot

# 4.2. Training Information and Regulation

Training sessions – gym

The gym will be located at the athletes' village and is open from the teams' arrival. No booking is required.

Training sessions - pitch

Each Training Session needs to be pre-booked on a first come first served rule. Booking of the training session will be on 23 June in Sports Information Center (SIC), which will be located in athletes village between 10:00 am and noon.

The Venue will be open for official training on 24 June 2023.

Operating hours are 9:00-18:00. Due to the number of teams participating, if there will be a large number of requests for a specific time LOC will use one pitch for the use of two teams, and each team will have half of a pitch.

Each team is allowed to have one official training session. Duration of that session is 1h (60 minutes).

On-site LOC will provide training equipment accordingly to Rugby Europe standards and water.

There will be a medical officer on site at all times.

The Training Site will have controlled access for accredited Team Members and Media only; public access will not be allowed.

If teams require additional training sessions on the pitch, they can be arranged by participating teams. All teams interested in additional (non-official) training sessions on the pitch should contact <a href="mailto:krakow@pzrugby.pl">krakow@pzrugby.pl</a> to arrange it.

Please note that LOC is not responsible for non-official training sessions at any point.

## **Training access**

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).

-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGOC's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day
- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day
- 181-200 athletes 10 TAP per day

- 201-220 athletes 11 TAP per day
- 221-240 athletes 12 TAP per day
- 241-260 athletes 13 TAP per day
- Etc.

# **Appendix 1. Event Competition Schedule**

POOL PHASE	DAY 1 - Sunday June 25		Pitch 1 - KO
Pool Phase Women Block 1			00:22:00
M1	(1)A1.	(12)A4.	10:00:00
M2	(6)A2.	(7)A3.	10:22:00
M3	(2)B1.	(11)B4.	10:44:00
M4	(5)B2.	(8)B3.	11:06:00
M5	(3)C1.	(10)C4.	11:28:00
M6	(4)C2.	(9)C3.	11:50:00
Pool Phase Men Block 1			00:18:00
M1	(1)A1.	(12)A4.	12:30:00
M2	(6)A2.	(7)A3.	12:52:00
M3	(2)B1.	(11)B4.	13:14:00
M4	(5)B2.	(8)B3.	13:36:00
M5	(3)C1.	(10)C4.	13:58:00
M6	(4)C2.	(9)C3.	14:20:00
Pool Phase Women Block 2			01:18:00
M7	(1)A1.	(7)A3.	16:00:00
M8	(6)A2.	(12)A4.	16:22:00
M9	(2)B1.	(8)B3.	16:44:00
M10	(5)B2.	(11)B4.	17:06:00
MII	(3)C1.	(9)C3.	17:28:00
M12	(4)C2.	(10)C4.	17:50:00
Pool Phase Men Block 2			00:18:00
M7	(1)A1.	(7)A3.	18:30:00
M8	(6)A2.	(12)A4.	18:52:00
M9	(2)B1.	(8)B3.	19:14:00
M10	(5)B2.	(11)B4.	19:36:00
MII	(3)C1.	(9)C3.	19:58:00

POOL PHASE + QF	DAY 2 - Monday June 26		Pitch 1 - KO
Pool Phase Women Block 3			
M13	(1)A1.	(6)A2.	10:00:00
M14	(7)A3.	(12)A4.	10:22:00
M15	(2)B1.	(5)B2.	10:44:00
M16	(8)B3.	(11)B4.	11:06:00
M17	(3)C1.	(4)C2.	11:28:00

M18	(9)C3.	(10)C4.	11:50:00
Pool Phase Men Block 3	(=) ==:	(,	00:18:00
M13	(1)A1.	(6)A2.	12:30:00
M14	(7)A3.	(12)A4.	12:52:00
M15	(2)B1.	(5)B2.	13:14:00
M16	(8)B3.	(11)B4.	13:36:00
M17	(3)C1.	(4)C2.	13:58:00
M18	(9)C3.	(10)C4.	14:20:00
Ranking Women - 9			01:18:00
M19	Place 3 (#3	Place 4 (#3)	16:00:00
M20	Place 4 (#1	Place 4 (#2)	16:22:00
Quarter - Finals Women - 1-8	}		
M21	A1	Place 3 (#2)	16:44:00
M22	B1	Place 3 (#1)	17:06:00
M23	C1	A2	17:28:00
M24	B2	C2	17:50:00
Ranking Men 9-12			00:18:00
M19	Place 3 (#3	Place 4 (#3)	18:30:00
M20	Place 4 (#1	Place 4 (#2)	18:52:00
Quarter-Finals Men - 1-8			
M21	Al	Place 3 (#2)	19:14:00
M22	B1	Place 3 (#1)	19:36:00
M23	C1	A2	19:58:00
M24	B2	C2	20:20:00

Final Day	DAY 3 Tues	DAY 3 Tuesday June 27	
Final for Place #11			
M25	Loser M19	Loser M20	10:00:00
Final for Place #9			
M26	Winner M19	Winner M20	10:22:00
Semi-Finals 5-8			
M27	Loser M21	Loser M24	10:44:00
M28	Loser M22	Loser M23	11:06:00
Semi-Finals 1-4			
M29	Winner M21	Winner M24	11:28:00
M30	Winner M22	Winner M23	11:50:00
Final for Place #11			00:18:00
M25	Loser M19	Loser M20	12:30:00

Final for Place #9			
M26	Winner M19	Winner M20	12:52:00
Semi-Finals 5-8			
M27	Loser M21	Loser M24	13:14:00
M28	Loser M22	Loser M23	13:36:00
Semi-Finals 1-4			
M29	Winner M21	Winner M24	13:58:00
M30	Winner M22	Winner M21=3	14:20:00
Final for Place #7			04:03:00
M31	Loser M27	Loser M28	18:45:00
Final for Place #7			
M31	Loser M27	Loser M28	19:07:00
Final for Place #5			
M32	Winner M27	Winner M28	19:29:00
Final for Place #5			
M32	Winner M27	Winner M28	19:51:00
Bronze Final			
M33	Loser M29	Loser M30	20:13:00
Bronze Final			
M33	Loser M29	Loser M30	20:35:00
CUP Final			00:30:00
M34	Winner M29	Winner M30	21:05:00
CUP Final			
M34	Winner M29	Winner M30	21:35:00

# **Appendix 2. Venue Maps**







KRAKÓW MAŁOPOLSKA
EG 2033

Brd European Games

Organising Commitee