



Technical Manual Sport Climbing

DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities, and services, along with any other essential updates, will be communicated to Teams by Competition Management if required. Changes to the Competition Schedule will also appear on the Games-Time Website, while any changes to the Training Schedule will be communicated by the Sports Information Centre in the Athletes Village or Sports Information Desk at the Competition Venue.

Welcome

The 3rd European Games Krakow-Małopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials, and about 1,200 Technical Officials from across Europe to participate in elite-level sports competitions.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule, and key dates.

The Technical Manual also includes details of the relevant venue, medical, antidoping, training, and competition-related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Krakow-Małopolska 2023 for 12 days of competition that put sport first and sets a tradition for the European Games.

Table of contents

I. General Information	5
1.1. Key dates	5
1.2. Competition Management	5
1.3. International Federation of Sport Climbing (IFSC)	6
1.4. IFSC European Council	6
1.5. International Technical Officials (ITOs)	6
1.6. National Technical Officials (NTOs)	7
1.7. Medal Events	8
1.8. Competition Format	8
1.9. Competition Rules	9
1.9.1. Scoring	9
1.10. Clothing and Equipment	11
1.11. Late Athlete Replacement Policy	11
1.12. Doping Control	12
1.13. Sports Information	13
1.14. Competition Schedule	14
1.15. Weather Information	15
2. Competition Venue Information	16
2.1. Key information	16
2.2. Venue Access	16
2.3. Field of Play (FoP)	17
2.4. Venue Services and Facilities	17
3. Team Leaders Information	20
3.1. Pre-competition Procedures	20
3.2. Competition Procedures	21
3.3. Post-Competition Procedures	22
4. Training Information	25
4.1 Key Information	25
4.2. Training Information and Regulation	25
4.3. Venue Facilities	26
Appendixes	

1. General Information

The sport Climbing Competition at the 3rd European Games 2023 will be held from 22 to 25 June at the Climbing Centre in Tarnow.

A maximum of 100 Athletes, 50 men, and 50 women can take part in the Sport Climbing Competition. The competition will be held in three climbing disciplines: Speed, Lead, and Boulder.

1.1. Key dates

Date Event	
2 June 2023	Sport Entries submission deadline
18 June 2023	Athletes' Village official opening
19 June 2023	Arrival day
20 June 2023	Start of Official Training
21 June 2023	EG2023 Opening Ceremony
21 June 2023	Technical Meeting
22 June 2023	Start of the Competition
25 June 2023	End of the Competition
26-27 June 2023	Departure days
2 July 2023	EG2023 Closing Ceremony
4 July 2023	Athletes' Village official closing

1.2. Competition Managemet

Position	Name	
Sport Climbing Competition Manager	Arkadiusz KAMIŃSKI	
Sport Climbing Venue Manager	Przemysław BAGIŃSKI	

1.3. International Federation of Sport Climbing (IFSC)

Position	Name	NOC Code
President	Marco SCOLARIS	ITA
Secretary General	Debra GAWRYCH	USA
Technical Delegate	Hazel HAN	KOR

1.4. IFSC European Council

Position	Name	NOC Code
President	Tijl SMITZ	BEL
Vice President - Sport	Heiko WILHELM	AUT
Secretary General	Zoe SPRIGGINS	GBR

1.5. International Technical Officials (ITOs)

The total number of ITOs is 9

Position	Name	NOC Code
IFSC Technical Delegate (sport)	Hazel Han	KOR
IFSC Jury President	Werner Gächter	AUT
IFSC Judge	Carole Majewski	FRA
IFSC Chief Route Setter (lead)	Reinhard Fichtinger	AUT
IFSC Chief Route Setter (boulder)	Martin Hammerer	AUT
IFSC Route Setter (lead)	Matthias Woitzuck	AUT
IFSC Route Setter (lead)	Christian Bindhammer	GER
IFSC Route Setter (boulder)	Tomasz Oleksy	POL
IFSC Route Setter (boulder)	Aleksander Romanowski	POL

1.6. National Technical Officials (NTOs)

The total number of NTOs is 16.

Position	Name
National Technical Officials	Sandra Bauer
National Technical Officials	Paweł Czyż
National Technical Officials	Dawid Kajmowicz
National Technical Officials	Kinga Kluska-Cyba
National Technical Officials	Agata Lesiewicz
National Technical Officials	Maciej Melcher
National Technical Officials	Daria Nawój
National Technical Officials	Wojciech Nowak
National Technical Officials	Adam Nowak
National Technical Officials	Andrzej Olejniczak
National Technical Officials	Tomasz Polichnowski
National Technical Officials	Rafał Cyba
National Technical Officials	Barbara Szumlańska
National Technical Officials	Wioleta Tymofiejewicz
National Technical Officials	Natalia Woś
National Technical Officials	Dominika Zgutka

1.7. Medal Events

Individual (6)

Men's (3)	Women's (3)
Speed	Speed
Lead	Lead
Boulder	Boulder

1.8. Competition Format

Lead

Eighteen (18) women and eighteen men participate in the semi-final. After the completion of the semi-final, the top eight (8) best-ranked Athletes from the ranking will proceed to the Final. After the completion of the Final, the top three (3) best-ranked Athletes from the ranking will win the gold, silver, and bronze medals.

Boulder

Eighteen (18) women and eighteen men participate in the semi-final. After the completion of the semi-final, the top six (6) best-ranked Athletes from the ranking will proceed to the Final. After the completion of the Final, the top three (3) best-ranked Athletes from the ranking will win the gold, silver, and bronze medals.

Speed

Fourteen (14) athletes, in a pair, participate in the qualification round which consists of two stages. The first stage (Seeding Heats) consists of two heats, and the better time is taken for seeding. In the second stage (Elimination Heats), the athletes are paired based on their time from the previous stage and compete against each other in the elimination races. Seven (7) winners of the elimination races will progress to the final, plus one (1) "lucky loser" who recorded the fastest time among losers of the races. The fastest recorded time of the lucky loser is taken from either of the two stages of the qualifications. The number of elimination heats will vary according to the number of competitors of seeding heats as set out in the

IFSC rules. If the number of competitors is less than 14, it will result in a different number of elimination races (ref. Speed Olympic Format Rules 1.1.A) After the completion of the qualification, the top eight (8) athletes from the ranking will proceed to the elimination rounds of the finals. The best time of each athlete recorded from the day of Qualifications (both seeding and elimination stages included) will be taken into consideration for ranking. For the Finals, the athletes will be ranked according to the athlete's best time recorded from the day of qualification. During the finals, athletes compete one against the other in a series of elimination races (Quarter-finals, semi-finals, and small and big finals). The big final awards the Gold and Silver medals, while the winner of the small final wins the bronze medal.

1.9. Competition Rules

The Sport Climbing Competition will be held in accordance with the editions of the following documents that are forced at the time of the Games the IFSC Rules 2023 which can be found at:

https://www.ifsc-climbing.org/index.php/world-competition/rules

1.9.1. Scoring

Speed

The aim of the Speed discipline is to be the fastest to reach the top of a 15m high wall.

Men and women compete on identical routes which are not modified between the Qualification and the Final.

Athletes compete (race) in pairs on identical routes.

The Speed ranking is decided by the fastest time recorded in either the round (during the Qualification) or in the Elimination phase (during the Final phase).

Lead

The aim of Lead is to climb as high as possible in a single attempt on a 15m wall.

Athletes have a time limit of six minutes for their attempt

Athletes will be ranked in the order of 1) TOP where the athlete clips the final protection point of the route, and 2) the hold number (scoring value) achieved by the athlete. In case of ties, the count-back to their rankings from the preceding round is considered.

Both Semi-final and Final are preceded by a collective observation period of six minutes. Athletes may not attempt the route during the observation period.

Athletes are kept in an isolation room before they perform their attempt "on sight".

The routes are modified between the Semi-final and the Final. Men and women Athletes have different routes.

Boulder

The Boulder competition will be organised on 4,5m structures (boulders) equipped with safety mats. The aim of Boulder is to solve (complete) the most boulders (problems) on four boulders in the least number of attempts over a given period of time.

Different problems (four problems in Semifinal and four problems in the Final) are set for men and women. Problems are reset between the semifinal and the final.

The Athletes have a limited amount of time (five minutes during the Semifinal + 15 seconds preparation period and four minutes during the Final) to attempt each problem. Each athlete may make unlimited attempts within their allocated climbing time.

The Final is preceded by a collective observation period of eight minutes for all finalists. There is no separate observation period during the Semifinal. Athletes may not attempt the problems during the observation period.

Athletes are kept in an isolation room before they perform their attempt "on sight".

The Boulder ranking is decided by the number of problems solved. The competitor to solve the most problems is ranked first. One 'zone hold' (half problem) is set per problem.

The Boulder ranking is based on the following: 1) the number of tops reached, 2) the number of 'zone holds' reached, 3) the number of attempts to tops, and 4) the number of attempts to zone.

Protests and Appeals

Protests and Appeals will be considered according to official IFSC Rules 2023 which can be found at https://www.ifsc-climbing.org/index.php/world-competition/rules

1.10. Clothing and Equipment

Competition Uniforms

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Krakow & Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.

The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

Out of Competition Uniforms

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one (1) NOC sponsor logo of no more than 30 cm2 each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

1.11. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that

replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

NUMBER OF ATHLETES IN NOC DELEGATION	QUOTA FOR NON-MEDICAL LAR
1-10	1
11-20	2
21-50	5
51-100	10
101-150	15
151+	20

^{*}The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

1.12. Doping Control

During the EG2023, an extensive Anti-Doping Control Program will be implemented. In total, 1,200 urine and blood samples are going to be collected, which means that statistically around 17% of Athletes present at the Games will be subjected to doping control. Tests will be carried out in competition and out of competition. The Anti-Doping Program will be managed under the auspices of the International Testing Agency (ITA). Analyses of samples collected during the Games will be carried out in a laboratory accredited by the World Anti-Doping Agency (WADA). In order to ensure high quality, the work of anti-doping controllers will be

evaluated by an international team of independent observers appointed by the World Anti-Doping Agency.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be chaperoned to the Doping Control Station.

Where the Athlete already has a TUE granted by their National Anti-Doping Organisation or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognise it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine that contains prohibited substances or methods considered prohibited for medical purposes during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organisation that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023.

EOC Anti-Doping Rules are applicable to all athletes competing at the EG2023. All NOCs, Athletes, Athlete Support Personnel, and Medical Personnel should be familiar with the EOC Anti-Doping Rules as they cover the applicable procedures for Therapeutic Use Exemptions (TUEs) and athlete whereabouts. The EOC Anti-Doping Rules are available at:

https://www.eurolympic.org/wp-content/uploads/2019/01/2021-EOC-Anti-Doping-Rules.pdf.

Doping Control Rules and Program

During the EG2023, the World Anti-Doping Code in the amended version, which entered into force on 1 January 2021, and relevant international standards apply. The organizer of the event does not introduce any modifications in this regard.

1.13. Sports Information

Sports Information Center (SIC) is located in the Athletes' Village and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of start lists, draw lists, and results;
- Training Schedule Information for open and pre-allocated training;
- sign up for bookable Training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission);
- assistance regarding authorised identifications;
- application for training access passes (TAP);
- schedules of shuttle-bus transfer.

The operating hours are as follows:

Period	Operation Hours
Pre-Opening: from 15 to 17 June 2023	06:00 – 22:00
Official Opening Period: from 18 June to 2 July 2023	06:00 – 22:00

The Sports Information Desk (SID) will be available at each Competition Venue while the venue is opened and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists, draw lists, and results;
- Training Schedule information for open and pre-allocated training;
- sign up for bookable Training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only).

1.14. Competition Schedule

During the Games, there may be delays, postponements, or cancellations of the Competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website.

For detailed information, please see Appendix 1.

1.15. Weather Information

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rainfalls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, and a windy day is also 33 percent. There's also a 50/50 fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include a forecast for the current day as well as a summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.

2. Competition Venue Information

2.1. Key information

The Sport Climbing competition will take place at the Tarnow Climbing Centre.

Distance from the Athletes' village is 90 km, approximately 75 minutes by bus.

Venue capacity: 800 spectators seats.

Venue address: 8 Mickiewicza Street, 33-100 Tarnow, entrance from Goldhammer Street

2.2. Venue Access

During the event, competitors depending on their discipline will be provided with shuttle buses or dedicated cars. The K&MEGOC will provide a regular shuttle service between Athletes' Villages, Main Accreditation Centre, Media and Volunteers Centre, Competition Venues / Training Venues, Official Hotels, airports, and train stations as well. The shuttle service will run every 30-45 minutes and during rush hours every 15-20 minutes. The shuttle service will start operating two days before the first game starts and will end one day after the last game ends at each Sports Venue. On an operating day the shuttle service will start running two hours before the first activities at the Venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last game.

K&MEGOC will provide a shuttle service between Krakow and other locations 2-3 times a day, except the route Krakow – Tarnow, where the vehicles will operate more often.

2.3. Field of Play (FoP)

The field of play is equipped with three walls, one dedicated to each Speed, Boulder, and Lead. The competition area and all equipment for the Sport Climbing competition will be presented in accordance with the IFSC Competition Rules.

2.4. Venue Services and Facilities

Athletes' Changing Rooms

Separate changing rooms for men and women with shower facilities are located on the ground floor in the ANS Gym Building, next to the Warm-Up Area.

Coaches' Zone

Chairs for Coaches will be installed in a dedicated area in front of the Field of Play. To enter this zone, coaches must possess a Coaches' Zone Access Pas, in addition to their accreditation. The Coaches' Zone Access Pass will be provided at the Technical Meeting. A maximum of two Coach passes will be issued for each NOC. During the Final, only Coaches with Athletes competing in the Final are allowed into the Coaches' Zone in accordance with the Coaches' Zone Access Pass quota per NOC.

Team officials who will not be seated in the Coaches' zone and non-competing athletes will have access to the public area.

Athletes' Refreshments Area

Access to snacks and beverages will be provided to Athletes in the Athletes' Refreshments Areas at the Competition Venues. Snacks and beverages at the Sports Venues will be available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

- on Competition days: 2h before the start of the first game to 30 minutes after the end of the last game
- on Official Training days: 30 mins before the start of the first training up to 30 minutes after the end of the last training of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues and Athletes' Lounges:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, and oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a vegan option;
- Granola bars:
- Isotonic drinks in bottles of 0.5l or 0.75l.

Broadcast Mixed Zone and I-Zone

All Competition Venues will include the Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also Interview Zone provided for all the non-right TV and radio crews.

Doping Control Station

At each Competition Venue, there will be an anti-doping control station, which meets criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms, and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the Athletes and Doping Control Personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

Lost and Found

All reports of lost items at the Venue should be directed to SID. This is also the location where all found, at the Athletes Area or Field of Play items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVL.

Medical Services

Medical services will be provided at Competition Venues, Training Sites, and Non-Competition Venues. The following medical services will be provided at the Venue:

- Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;
- Pedestrian Parts with a Paramedic, Basic Life Support Equipment;
- Medical Aid Points with a doctor or system nurse or paramedic;
- Advanced Life Support Equipment.

Venue Evacuation and Emergency Procedures

In the unlikely event of a venue evacuation, a public announcement message will be broadcast within the venue that will provide directions.

On hearing the evacuation message, athlete groups onsite should follow the directions of the K&MEGOC workforce and leave the venue via indicated routes, and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.

3. Team Leaders Information

3.1. Pre-competition Procedures

Technical Meeting & Confirmation of Attendance for Speed

Date: 21 June 2023

Time: 16:30 – 17:00 – confirmation of attendance for Speed,

17:00 – technical meeting

Location: Tarnow Climbing Centre

Participants: Two team leaders per NOC

Team Leaders must attend the meetings. A maximum of two representatives from each NOC can attend this meeting, accompanied by a NOC Assistant, if necessary.

Team Leaders' Meeting & Confirmation of Attendance for Lead

Date: 22 June 2023

Time: 14:30 - 15:00 - confirmation of attendance for Lead,

15:00 - Team Leaders' Meeting

Location: Tarnow Climbing Centre – Warm-Up zone

Participants: Maximum two team leaders per NOC

Team Leaders' Meeting & Confirmation of Attendance for Boulder

Date: 23 June 2023

Time: 14:15 – 14:45 – confirmation of attendance for boulder,

14:45 – Team Leaders' Meeting.

Location: Tarnow Climbing Centre - Warm-Up zone

Participants: Maximum two team leaders per NOC

Team Leaders must attend the meetings.

3.2. Competition Procedures

Check-in at Isolation / Warm-up Zone

The Isolation / Warm-up Area will open and close according to the schedule. Athletes must arrive within this time to check in before proceeding to the Isolation / Warm-Up Area.

Call to Competition

Athletes will be called to the Call Zone from the Isolation/Warm-Up Area immediately prior to their participation in each discipline. Athletes must follow instructions from the IFSC and EG 2023 staff, for their call to competition and transfer to the Field of Play. Final Rule 50 compliance checks will take place at this stage.

Warm-Up Procedures

The Warm-Up Area which comprises a 10-meter-wide Boulder warm-up wall, 15 meters high Lead wall, and 15 meters high-Speed wall – will be available to Athletes in the Isolation/Warm-up Area. Athletes can reach the Warm-Up Area on foot from the drop-off point. The Warm-Up Area is located in the ANS Gym building, next to the FoP.

Coaches' Zone

Chairs for coaches will be installed in a dedicated area in front of the field of play. To enter this zone, coaches must possess a Coaches' Zone Access Pas, in addition to their accreditation. The Coaches' Zone Access Pass will be provided at the technical meeting. A maximum of two coach passes will be issued for each NOC. During the final, only coaches with athletes competing in the final are allowed into the coaches' zone in accordance with the Coaches' Zone Access Pass quota per NOC.

NOC Filming Policy

NOC filming is permitted in the designated seats of the Coaches' Zone for the Team Leaders who have access to this area and those with Athletes competing in the relevant disciplines/rounds.

The Team Leaders may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras. The Team Leaders in the Coaches' Zone are requested to follow instructions from

EG2023 Staff and Home Broadcasters when required. The Teams may also film the training sessions by using non-professional cameras from Coaches' Zone.

3.3. Post-Competition Procedures

Doping Control

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or Team Doctor to the Doping Control Station along with them. Recommended notification place: back of the climbing walls.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, Athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Broadcast Mixed Zone and Flash-Zone

All the Athletes must exit FoP via the Mixed Zone.

After the competition or Medal Ceremony, all the Athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the Mixed Zone. Team Coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, Athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the Interview Zone (outside the Mixed Zone) or press conference.

Journalists wanting to interview someone would make a request to Press Operations Volunteers who will escort the athlete. By default, all three medalists and all Polish Athletes will be accompanied by Volunteers for interviews. Press Attaches, DCOs, and LANS Team members will be able to escort Athletes into the Mixed Zone if needed. Once in the Mixed Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same Athlete.

The Mixed Zone will be managed by Press Operations Volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media "scrum" is created.

All the medalists will be asked to attend a short press conference after the Medal Ceremony and pass through the Mixed Zone. Volunteers or Press Operations representatives will make their way to the official transport which will take them to City or Main Press Centre. After the press conference, Athletes will not come back to the FoP.

Result Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website www.european-games.org

Delivery of printed results information is available only at Competition Venues and to time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the www.european-games.org

Medal Ceremonies

All Medal Ceremonies at the 3rd European Games 2023 will occur on or next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by Volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.

It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, the latter is handed to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.

No one, but the winners can be awarded medals or allowed to ascend the podium.

Athletes will be required to wear their NOC official uniform throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.

Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3rd European Games 2023.

Athletes ranked:

- first.
- second,
- and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

The rewarding the prize-winners goes as follows:

- The ceremony begins with the medal(-s) and the mascot(-s) awarded to the Athlete (team) ranked third.
- Diplomas for the Athletes ranked from 1st to 3rd will be distributed in the AVL NOC Services Centre.

4. Training Information

4.1 Key Information

The Sport Climbing Official Training will take place at the Tarnow Climbing Centre.

4.2. Training Information and Regulation

Each Training Session requires prior booking. The Competition Manager will inform Teams about the available time frame for practices: the booking is made by e-mail sc.training.booking@ie2023.pl on a first-come, first-served basis. Pre-booking via e-mail is possible until arrival in Poland. And upon arrival, it is possible to book trainings only in SIC and SID."

The Training Site will have controlled access for accredited Team Members only, public access will not be allowed.

Training Access:

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).

-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGOC's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day

- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day
- 181-200 athletes 10 TAP per day
- 201-220 athletes 11 TAP per day
- 221-240 athletes 12 TAP per day
- 241-260 athletes 13 TAP per day
- Etc.

The teams/athletes are responsible for bringing their own rope, harness, and belay devices if they intend to train on the lead wall. The speed warm-up wall is equipped with Perfect Descent Auto Belay Devices.

The Training Schedule will be provided at SID and during the Team Leaders' Meeting.

For detailed information, please see Appendix 2.

4.3. Venue Facilities

There are separate Athletes Changing rooms for men and women at the venue.

Full Medical service will be provided during Official Training Sessions.

Appendix 1. Event Competition Schedule

Date	Time	Туре	Competition Phase
Monday, 19 June 2023		Arrival Day	
Tuesday, 20 June 2023		Training Day	
Wednesday, 21 June 2023		Training Day	
Thursday, 22 June 2023		Competition Day 1	
	16:30	Athletes' Arrival at the venue	
	16:30	Women's Speed	Warm-Up
	17:30-18:00	Women's Speed	Practice
	18:30-19:10	Women's Speed	Qualifications
	19:30-20:00	Women's Speed	Final
		Medal Ceremony	
Friday, 23 June 2023		Competition Day 2	
	09:30	Athletes' Arrival at the venue	
	09:30-10:30	Men's and Women's Lead	Warm-Up
	11:30-13:30	Men's and Women's Lead	Semi-Finals
	17:15	Athletes' Arrival at the venue	
	17:15	Men's Speed	Warm-Up
	18:15-18:45	Men's Speed	Practice

	19:15-20:00	Men's Speed	Qualifications
	20:20-20:50	Men's Speed	Final
		Medal Ceremony	
Saturday, 24		Compatition Day 7	
June 2023		Competition Day 3	
	09:00	Athletes' Arrival at the venue	
	09:00-10:00	Men's Boulder	Warm-Up
	11:00-13:15	Men's Boulder	Semi-Finals
	11.00-13.13	Mens boulder	Serrii-Firiais
	12:45	Athletes' Arrival at the venue	
	12:45-13:30	Women's Boulder	Warm-Up
	14:30-16:50	Women's Boulder	Semi-Finals
	18:00	Athletes' Arrival at the venue	
	18:00-19:00	Men's and Women's Lead	Warm-Up
	20:00-21:00	Men's Lead	Final
	21:00-22:00	Women's Lead	Final
		Medal Ceremonies	
Sunday, 25 June 2023		Competition Day 4	
	15:00	Athletes' Arrival at the venue	
	15:00-16:00	Men's Boulder	Warm-Up
	17:00-18:40	Men's Boulder	Final
	17:45	Athletes' Arrival at the venue	
	17:45-18:45	Women's Boulder	Warm-Up
	19:45-21:25	Women's Boulder	Final
		Medal Ceremonies	

Monday, 26 June 2023	Departure Day	
Tuesday, 27 June 2023	Departure Day	

Appendix 2. Training Schedule

*Training Schedule is provisional

Date	Time/session	Activities	Location
			Gym: Warm up
			wall
20 June	10.50	Aa shuttle arrival	
	Session 1	Warm up	
	11.00 - 14.30		
		Speed (freely)	
		Lead (X routes per Aa, tbc)	
		Food/snacks & beverages	
	14.40	Aa shuttle departure	
	14.20	Aa shuttle arrival	
	Session 2	Warm up	
	14.30 - 18.00		
		Speed (freely)	
		Lead (X routes per Aa, tbc)	
		Food/snacks & beverages	
	18.10	Aa shuttle departure	
21 June	9:50	Aa shuttle arrival	
	Session 1	Warm up	
	10.00 - 13.30		
		Speed (freely)	
		Lead (X routes per Aa, tbc)	
		Food/snacks & beverages	
	13.40	Aa shuttle departure	
	13.20	Aa shuttle arrival	
	Session 2	\A/= ====	
	13.30 - 17.00	Warm up	
		Speed (freely)	
		Lead (X routes per Aa, tbc)	
			1

	Food/snacks & beverages	
17:10	Aa shuttle departure	

Appendix 3. Venue Maps







KRAKÓW MAŁOPOLSKA
EG 2033

Brd European Games

Organising Commitee